Peanut Butter Oatmeal Cookies

Makes 3 dozen cookies

- ½ cup butter, softened
- ½ cup sugar
- ½ cup peanut butter
- ½ cup brown sugar
- 2 egg whites (or one whole egg)
- ½ teaspoon vanilla
- 1 cup flour
- ½ teaspoon baking soda
- 1 cup oats

1. Preheat oven to 375°F.

2. Blend butter and sugar together. Add peanut butter and brown sugar, mixing until combined well. Add egg and vanilla.

3. Mix the baking soda and flour together and add to peanut butter mixture.

4. Stir in oats. Drop dough by spoonful 2 inches apart on an ungreased cookie sheet and bake for 8-10 minutes.

Nutrition information: calories 134, fat 7g, protein 3g, carbohydrates 15g