



RECYCLING

Think Twice About

A Guide to Recycling and Transfer Stations on Cape Cod

WHAT IS RECYCLING?

Recycling is the process of reusing a product beyond its original purpose or producing a new product from a recycled material.

How will I benefit?

Waste disposal is an ever-increasing cost for towns. Separating items that can be recycled from household waste helps keep costs down for your town. When your town has to pay less for disposal, each taxpayer has to pay less for disposal.

Is recycling good for the environment?

Yes! Recycling locally has a global impact on natural resources. The more we recycle, the fewer natural resources will be used to make new products.

How do I recycle?

Refer to the information in this brochure! Look at the chart inside to learn where recyclables can be taken on Cape Cod and if there is a charge for those items. Plastic items can be identified by the number printed inside the recycle symbol, usually found on the bottom of the container...



For More Information Regarding Recycling and Transfer Stations on Cape Cod:

- Contact the Cape Cod Cooperative Extension at (508) 375-6699
- Visit www.capecodextension.org
- Visit your town's website.
- Call your town's transfer station.

Recycling Guidance for Transfer Stations

HOUSEHOLD MATERIALS

Plastics: Containers with pour spouts marked 1 and 2 on the bottom are most easily recycled. Some towns also recycle plastics 3-7.

Metal Containers: Tin, steel, and aluminum cans, lids, aluminum pans and foil.

Glass Containers: Clear, green, brown, and amber glass bottles and jars. Do not recycle window glass, mirrors, beverage glasses, light bulbs, Pyrex, or ceramic items.

Returnable Beverage Containers: Glass, plastic, and aluminum containers for which a deposit has been paid.

Cardboard: Old corrugated cardboard (OCC) free of staples, wax, and food residue.

Paper & Chipboard: Office paper, junk mail, food and household product boxes such as cereal, tissue, detergent, and shoes.

Leaves and Grass: Leaves, grass clippings, and small twigs. Compost at home or bring to town composting sites.

Brush: Twigs and branches greater than 1/2" in diameter.

Scrap metal: Steel, such as tire rims, bicycles, mowers; aluminum, such as antennas, grills, tables, chairs, and window frames; and "white" good, such as refrigerators, freezers, air conditioners, dehumidifiers, ranges, water heaters, washers, and dryers.

Swap Shop: Household items in working condition, such as toys, dishes, kitchen utensils, wood furniture, or bicycles. Take it or leave it!

Reducing Waste Paint

More than 50% of waste brought to town Household Hazardous Products Collections is paint. You can save your town disposal costs by following these suggestions to reduce the volume of paint waste.

- Use up or share paint for touch-ups.
- Dry out small amounts of latex paint or absorb large quantities with cat litter.
- Purchase less by measuring your area.
- Bring paint to the paint shed at your transfer station for others to use.

Household Hazardous Products Collections

Some household products contain ingredients that may be hazardous to human health and the environment. Cape Cod Cooperative Extension helps to provide access to free household hazardous products collections for residents to dispose of unwanted hazardous materials. See contact information on back to find collection dates and information.

Petroleum-Based Products: Insecticides, herbicides, fungicides; furniture, metal and floor polish; spot removers.

Auto Fluids: Gasoline, brake, and power steering fluids; radiator flush, white wall cleaner, bug and tar remover.

Paints, Polishes, & Stains: Oil and alkyd paints, stains, wood finishes, marine and auto paints; paint thinners and strippers, turpentine, mineral spirits, acetone; varnish, shellac, lacquer, wood preservatives.

Miscellaneous Products: Drain and cesspool cleaners; chemistry sets; moth balls; photo and pool chemicals; thermostats, switches, thermometers containing mercury.

HAZARDOUS MATERIALS

Automotive: Used oil, oil filters, antifreeze, gasoline. Do not mix automotive liquids. Store each material in a separate, closed container.

Rechargeable Batteries: Auto, NiCad, nickel metal hydride, lithium ion, small sealed batteries containing toxic metals.

Explosives/Ammunition: Contact your town's Police Department for disposal information.

Marine & Highway Flares: Contact your town's Fire Department or Recycling Center for disposal information.

Fluorescent Lamps & Mercury Devices: All shapes and sizes of fluorescent, ultraviolet (UV), high intensity discharge (HID) lamps; thermostats, thermometers, switches, blood pressure gauges containing toxic liquid mercury, a silver metal that is liquid at room temperature.

Paint & Paint Products: 9 out of 15 Cape Cod towns accept usable oil, alkyd, latex, and acrylic paints, stains, and wood finishes from residents between April and October at town paint recycling centers.

Propane Tanks & Fire Extinguishers: Empty tanks before recycling.

Televisions, Electronics, & Computer Monitors: Cathode ray tubes (CRTs) containing toxic metals in televisions, computer monitors; electronic equipment.

Syringes & Lancets: Contact your town's Recycling Center, Fire or Health Department for disposal information.

Tires: Automotive tires only, rims removed.



Consumer Recycling on Cape Cod

Town Area Code 508	Location	Summer Hours	Winter Hours	Recycle Sticker Needed	Containers		Cardboard OCC	Chipboard	Glossy Paper	Magazines	Mixed Office Paper	Newspaper	Phone Books	Batteries		Fluorescent Bulbs ^A	Mercury Devices	Motor Oil	Oil Filters	Anti-freeze	Paint	Propane Tanks	Scrap Metals	Tires	TVs & CRTs	Brush	Leaves & Grass	Other Recycling Opportunities
					Plastic	Glass & Metal								Ni-Cd [*]	Auto													
Barnstable 420-2258	45 Flint Street Marstons Mills	Every day 7:30-3:30		No**	1-7	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes; Apr-Oct	Yes \$	Yes	Yes \$	Yes \$	No	Yes	Swap Shop, Clothing Bins, Cell Phones, Books
Bourne 759-0643	201 MacArthur Boulevard	Every day 7-3	Wed-Mon 7-3	Yes \$30	1&2	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes; Apr-Oct	Yes	Yes	Yes \$	Yes \$	Yes	Yes	Swap Shop, Clothing Bins, Boat Wrap
Brewster 896-3212	201 Run Hill Road	Thur-Mon 8-3		Yes \$10	1-7	Yes	Yes	Yes \$	Yes	Yes	Yes	Yes	Yes	Yes \$	Yes	Yes	Yes	Yes	Yes	ask at gate	Yes	Yes \$	Yes \$	Yes \$	Yes \$	Yes \$	Yes \$	Swap Shop, Clothing Bin
Chatham 945-5156	97 Sam Ryder Road	Every day 8-4	Thur-Tues 8-4	Yes \$5	1-7	Yes	Yes	Yes \$	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes; May-Oct	Yes \$	Yes \$	Yes \$	Yes \$	Yes \$	Yes	Reusable Shop, Clothing Bins, Books
Dennis 760-6220	120 Theophilus Smith Road, South Dennis	Every day 8-4	Wed-Sun 8-4	Yes	1&2	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes \$	Yes	Yes	Yes	Yes	Yes	Yes	Yes; Apr-Oct	Yes	Yes \$	Yes \$	Yes \$	Yes \$	Yes	Reusable Shop, Clothing Bins, Books, Cell Phones
Eastham 240-5973	555 Old Orchard Road	Fri-Wed 7:30-4	Sat-Wed 7:30-4	No**	1-7	Yes	Yes	Yes \$	Yes	Yes	Yes	Yes	Yes	Yes \$	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes \$	Yes \$	Yes \$	Yes \$	No	Yes	Swap Shop, Clothing Bin
Falmouth 457-9353	458 Thomas Landers Road	Tues-Sat 8:15-3:30		No**	1-5 & 7	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes \$	Yes	Yes \$	Yes \$	No	Yes	Swap Shop, Clothing Bins
Harwich 430-7555	209 Queen Anne Road	Every day 8-4		Yes \$10	1-7	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes; May-Oct	Yes \$	Yes \$	Yes \$	Yes \$	Yes \$	Yes	Swap Shop, Clothing Bins, Books
Mashpee 477-3056	380 Asher's Path East off Route 28	Fri-Mon & Wed 8-4		No	1-7	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes \$	Yes \$	Yes \$	Yes \$	Yes	Yes	Clothing Bins, Books
Orleans 240-3770	51 Lots Hollow Road off Eldredge Park Way	Thur-Tues 7:30-3	Fri-Tues 7:30-3	Yes \$35	1-5	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes \$	Yes	Yes	Yes	Yes	Yes	Yes	Yes; Apr-Oct	Yes \$	Yes \$	Yes \$	Yes \$	Yes \$	Yes	Swap Shop
Provincetown 487-7076	90 Race Point Road	Every day 6-1	Tues-Sat 7-2	No	1-7	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Highway Garage	Highway Garage	at Fay's Auto	No	Yes \$	Yes \$; no freon appliances	Yes \$	Yes \$	Yes	Yes	Swap Shop, Cell Phones, Will accept burnable wood
Sandwich 888-1969	500 Route 130 at Mid-Cape Highway	Tues 8-8 Wed-Sun 8-4		No	1-7	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes; at HHP	No	Yes	GAS at Main Fire Station, Rte 6A. Clothing Bin at TS, CRTs at HHP Collections
Truro 349-6339	115 Route 6	Every day 7:30-3:30		No	1-7	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	No Yes \$	Yes	Yes	Yes	Yes	Yes	Yes	Yes; May-Oct	Yes \$	Yes \$	Yes \$	Yes \$	No	Yes	Swap Shop, Clothing Bins, Cell Phones, Toner Cartridges, Packing Peanuts, Bubble Wrap, Usable Cardboard Boxes
Wellfleet 349-0335	370 Coles Neck Road	Every day 8-3:30	Fri-Tues 8-3:30	No	1-5 & 7	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes; Apr-Oct	Yes \$	Yes \$	Yes \$	Yes \$	Yes	Yes	Compost, Swap Shop, Clothing Bins
Yarmouth 760-4804	606 Forest Road	Sun-Sat 7:30-3:30		No	1-7	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes \$	Yes \$	Yes \$	Yes \$	Yes	Swap Shop for Magazines, Clothing Bins, Books

** Sticker needed to use Transfer Station Facility

\$ There is a charge for these items.

Massachusetts solid waste regulations prohibit disposal of recycling of glass and metal containers, narrow-necked single resin plastics, recyclable paper, lead and other rechargeable batteries, leaves and yard waste, tires, white goods, television sets and computer monitors. This means these materials are banned from disposal in household trash. Prepare household items for recycling as directed by your recycling center. Rinse empty containers and remove caps before recycling. Keep liquid wastes in separate, closed containers for transport to

* Recycle nickel cadmium, nickel metal hydride, lithium and small sealed lead rechargeable batteries. Throw alkaline batteries in the trash.

^A Recycle fluorescent bulbs, thermometers, thermostats and switches containing mercury.

Recycle televisions and computer monitors with cathode ray tubes containing lead.

Compiled by Cape Cod Cooperative Extension, Deeds & Probate Building, PO Box 367, Barnstable MA 02630-0367

<http://www.capecodextension.org>

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