

Cape Cod Cooperative Extension - Barnstable County



4-H NEWSLETTER SEPTEMBER 2010



CALENDAR OF UPCOMING EVENTS

September 10-12	State Horse Show	October 6	4-H National Youth Science Day
Sept 17-Oct 3	Big E, W. Springfield	November 15	Food Drive ends
September 21	OTIS registration "Fall into 4-H"	November 15	4-H Scholarship raffle drawing
October 2 & 3	Harvest Festival, Falmouth	November 20	3rd Annual 4-H Volunteer Forum
October 2	Food Drive kick off at Harvest Festival	Save the Date!	
October 2	Raffle begins for 4-H scholarship fund	January 7 & 8	4-H/FFA Leadership Camp
October 2-9	National 4-H Week		

SUMMER FUN PHOTO GALLERY



CONTACT INFORMATION

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Barnstable County 4-H Youth Development Program, Cape Cod Cooperative Extension and
UMASS Extension offers Equal Opportunity in Programs and Employment



HARVEST FESTIVAL 2010



Hope you've put **October 2 & 3** on your calendar as the annual Harvest Festival is always a fun time! This event has expanded to two days so we really need the extra hands to make this all work. This is also a chance for Barnstable County 4-H to show off a bit and do some recruitment so we need your help in many areas.

Harvest Festival starts at 10:00 a.m. and runs to 4:00 p.m. both days. Please read the following carefully to see what area you might like to volunteer for. Set up day, or one of the many stations and shifts to choose from.

VOLUNTEER SHIFTS

October 1st - Set up day in the Youth Building and in the 4-H Kitchen from 9:00 a.m. to 3:00 p.m.

October 2 or 3 - Two shifts each day

9:30 a.m. to 1:00 p.m. includes set up

1:00 p.m. to 4:30 p.m. includes clean up

You can stay the entire day and switch stations if you'd like.

Pumpkin Decorating- This is a popular event for young children. They choose a pumpkin then decorate it using all kinds of embellishments, from paint to yarn, sequins and sparkles and more. We have some of the cutest pumpkins anywhere! We need a minimum of 4 people for each shift for this activity. It is very popular.

Make it and Take it Stations - These are fun easy crafts that young children can make and then take it home. We usually have 4 of these stations. In years past we've made magnets, hats, door knob hangers, patriotic decorations, Halloween crafts and more. All materials are provided, we just need YOU to volunteer to man these stations.

Hands On Activities - These are fun stations where children can learn by doing and can take home some information as well. We've done activities such as hands on marine activities, fish prints, fun, nutritious snacks where they learn about the food pyramid and Glow Germ hand washing station. We usually have 2-3 of these and again, everything is provided.

4-H Kitchen - The kitchen will be open for business for both days and we'll require help the day before the Festival and later the following day on Sunday for clean up. We have a Special Harvest menu and need **VOLUNTEER** power to help. Just like at the BC Fair we'll need a hotdog/chili station, sandwich station, drink station, window helpers, dishwashers and servers.

HARVEST FESTIVAL 2010 cont'd

If your club would like to come and do a **fundraiser at a Make it Take it Station** you'll need to talk with me ASAP so I can coordinate it with our other activities.

If you would like to volunteer please sign up before September 24th. Call Judy at 508-375-6696 or email jvollmer@barnstablecounty.org so we can determine how many activities we are able to offer and gather the supplies needed for them.

Many hands make light work!



Judy Vollmer

FOOD DRIVE

For the fourth year, we will be doing a fall food drive (4-H Cares About Community) to benefit local food pantries. Kick off for this year's food drive will once again be at Harvest Fair on October 2nd. This will be the third year that Cumberland Farms is funding this project. Each club will be receiving enough bags to distribute to its members. The bags will be labeled with club names so that we can determine how much food has been collected from each club. The top three clubs that donate the most food will win a prize. So get your families, friends and neighbors involved and start collecting. Any club needing additional bags please call Chris at 508-375-6690 or email cstpierre@barnstablecounty.org.

4-H SCHOLARSHIP RAFFLE

In conjunction with this year's Food Drive we will be rolling out a raffle as a fundraiser to support the Barnstable County 4-H Scholarship program. Tickets will be distributed to leaders and members in booklets of three. Each club member will be asked to sell at least one booklet valued at \$10.00. The winner of the raffle will receive a \$250 gift card to "EXPLORE CAPE COD" and the drawing will take place on the last day of the Food Drive.

PET SHOW @ HARVEST FESTIVAL

This year 4-H will be hosting a pet show at the Harvest Festival. The show will take place on Sunday, October 2nd at 1:00 p.m. and will finish up with a parade around the fair grounds. So bring your rabbits, dogs, cats, pigs, goats or any other type of animal you may have as a pet and join the fun. Contests will be held for smallest, largest, look-a-like and much more! Please register by calling Judy at 508-375-6696 or email jvollmer@barnstablecounty.org.

FALL ENROLLMENT 2010/2011

Yes, it's that time again when all clubs will need to enroll all of their members. It's also a good time of year to recruit new members (new members are welcome to join now and anytime throughout the year). This year enrollment packets will once again be mailed directly to club leaders for distribution to their members. We ask that you complete your packets and return them to your club leaders as soon as possible so they can get them back to the office before the November 15th deadline. If there is a club wanting to have a club meeting just for "enrollment" and would like for Judy to assist members and parents with filling out the paperwork or to answer any questions parents may have regarding the 4-H program, please call the office and let us know so we can schedule accordingly. **Once again we will be awarding prizes to the first three clubs to return a completed package back to the office.** (Same as last year!)

Need additional enrollment packets? Give Chris St. Pierre a call at 508-375-6690 or email cstpierre@barnstablecounty.org. Enrollment packets are also available for easy download and printing from our website at www.capecodextension.org

COMMUNITY SERVICE MINI-GRANTS

Thank you to Cumberland Farms and National 4-H Council!

Massachusetts 4-H is pleased to announce that Cumberland Farms, through National 4-H Council, is providing \$21,000 in funding for community service work in 2010! This funding will be used to continue the state-wide food drive, mini-grant program and support the military "Hero Pack" project.

As the fall approaches and clubs plan their first meetings it is a great time to plan and apply for a community service mini-grant! There are many project ideas as well as the grant application form posted on the Mass 4-H website (www.mass4h.org, click on Community Service). This year community service mini-grants will focus on helping people in your local area, whether it be your town or region. Projects centered on youth helping youth are especially welcome. Your plans don't have to be complex; they just have to HELP people or animals.

Community service is such an important part of 4-H that one "H" is dedicated to it and the pledge really spells it out in the phrase, "hands to larger service." We hope that your club will be able to take advantage of the mini-grant opportunity to help others in your own community! Contact Judy Vollmer with any questions or suggestions.

CLUB SPOTLIGHT!

BOURNE EQUESTRIANS



L to R: Jillian Taylor, Jennifer Taylor, Anna Losordo, Paige Wahlen, Emily Chase and Lauren Marquez.

Kudos to the Bourne Equestrians who recently completed a community service project. The club donated re-usable shopping bags and school supplies to the Bourne Food Pantry and also plan to volunteer one day this month after school at the pantry.

SUMMER AT OTIS/AIR STATION CC

The Barnstable County 4-H program filled many hours this summer for kids and their families through the Otis 4-H Adventure Programs which hosted many fun events and programs. Summer and water safety was always first on our list but done in a fun way from "Christmas in July" when Santa arrived in flip flops and sunglasses, decorating a tree, and singing carols to a 4-H Zoo Party learning about wild animals in the jungle. The last two "Be a Rock Star" and a NASCAR theme were also a huge hit. We covered lots of territory! Programs were held outside all summer at the Pool at the Crosswinds Recreation Center and attracted over 150 participants! This certainly qualified for the "No Child left Inside Project"! Thanks to a grant from Operation Military Kids we were able to utilize a wonderful resource, the pool, and promote a healthy and safe summer for kids.

4-H RECORDS!

The time is drawing near for working on your 4-H records, which are due to the county office on Nov 1, 2010. If you would like to schedule a record training session with your club members or parents please let me know. You can check out the forms online at www.mass4h.org and click on records and resumes. It's really not as time consuming as you might think, please consider doing one.

Many awards and opportunities are based on your 4-H Record so check it all out and then contact me to set up a workshop jvollmer@barnstablecounty.org if we have enough interest I can arrange for a few around the county.



BABYSITTING CORNER



Stay tuned for upcoming classes this fall.



4-H Youth Development Program
Cape Cod Cooperative Extension
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4-H STATE NEWS



Third Annual 4-H Volunteer Forum ~ 4-H Teen Leaders also welcome!

November 20th at Tufts Veterinary School, Grafton, MA

Save the date for this popular event in it's new location. Fee for this event is only \$10 and includes breakfast, lunch and all workshop materials. Watch the 4-H website for registration information late this summer.

Teens Save the Dates for 4-H/FFA Leadership Camp

January 7-8th at the Clara Barton Center, No. Oxford, MA

This camp consists of a series of workshops for teens to hone their leadership, team building and decision making skills. Watch for more information this fall!

NATIONAL 4-H CONGRESS

It's not too early to be thinking about National 4-H Congress. Every year 4-H sends a delegation of teens to National 4-H Congress in the spring. Teens eligible and interested in applying should look at the guidelines and start working on transforming their 4-H records into the required resume format and think about who to ask to be a reference. Although the application isn't expected to be due until May, why wait until the last minute? Call Judy Vollmer 508-375-6696 for more information.

Massachusetts 4-H summer newsletter is now available online at www.mass4H.org. Click on news & events then 4-H newsletters for the latest information.

Be sure to visit the official 4-H website at www.4H.org for up to date state news and information!