

Cape Cod Cooperative Extension - Barnstable County



4-H NEWSLETTER  
MARCH 2010



CALENDAR OF UPCOMING EVENTS



|               |  |                       |                                   |
|---------------|--|-----------------------|-----------------------------------|
| March 12      | 7th Annual Children, Youth & Families Summit | April 24              | State Horse Round Up - Hadley, MA |
| March 15      | 4-H Advisory Council Meeting                 | <b>COMING IN MAY:</b> |                                   |
| March 20-25   | National 4-H Conference in D.C.              | May 8 & 9             | Veterinary Camp - UMASS           |
| March 20 & 27 | Babysitting @ Bourne Library                 | May 14                | 4-H Walk for Healthy Kids         |
| April 1       | Scholarship application deadline             | May 21-23             | State Dog Camp @ Camp Farley      |
| April 7 & 14  | Babysitting @ Falmouth Library               | May 22 & 23           | Dairy Cattle Camp - UMASS         |
| April 10      | State VP day - Bedford, MA                   |                       |                                   |
| April 21 & 22 | Babysitting @ Sandwich Library               |                       |                                   |

PHOTO GALLERY



VISUAL PRESENTATION



HORSE BOWL & HIPPOLOGY



CONTACT INFORMATION



Judith M. Vollmer  
4-H Extension Educator  
508-375-6696  
jvollmer@barnstablecounty.org

Kerry J. Bickford  
4-H Extension Educator  
508-375-6695  
kbickford@barnstablecounty.org

Chris St. Pierre  
4-H Administrative Assistant  
508-375-6690  
cstpierre@barnstablecounty.org



University of Massachusetts ~ Cooperative Extension ~ Barnstable County  
Post Office Box 367; Deeds & Probate Building, Barnstable, MA 02630  
Barnstable County 4-H Youth Development Program, Cape Cod Cooperative Extension and  
UMASS Extension offers Equal Opportunity in Programs and Employment



## VISUAL PRESENTATION

Another year and another wonderful night for our 4-H'ers to show their stuff! We had so many interesting and creative presentations that I wish I could've seen them all! From Backpacking 101 to Radio Waves, Nascar, Rosa Parks, Knots are KNot Boring, Dogs make Wonderful Pets, Glacial Episode, Saxophone, Little GTO, Horse topics galore and so many more. Congratulations to all the 4-H'ers who participated, you all did a fabulous job! Our Cloverbud room was full and they were all so fantastic! Also, thanks to the following judges who had some tough decisions to make that night: Barbara Sosnowski, Rosanne DeVito, Peter Vollmer, Laura Kheary, Amber Fellows, Betty McAdams, Kerry and Bob Dyka, Doreen Chagnon, Brenda Fellows, Sarah Nadotti-Arms, Lindsay Kozikowski and to our Teen judges in training, Nikki LaCroix, Gloria Cohen, Kelsey Beers, Leanne Gentile and Dena Salerno. A very special thank you goes out to Kerry Dyka who helped with pre-VP things such as purchasing food and set up. Also huge thanks go to Diane Martin and Mark Vollmer for all their help behind the scenes dealing with serving dinner to 175+ people, (there wasn't a morsel left) cleanup and break down of the food area, breakdown of the classrooms and packing up my car! Thanks to Judy Dow who did registration and greeted everyone, to Leslie Cohen for behind the scenes problem solving and to Duke Miskiv and Jake Smith for being runners collecting folders from each classroom and delivering them to me with big smiles. Thanks to the parents and leaders of our 4-H'ers who support this program and bring their children to participate in this very important evening program. Also thanks to the principal and staff at Barnstable West Barnstable Elementary School for letting us use their classrooms and to Jack the custodian for all his help with everything!

## HORSE BOWL & HIPPOLOGY

We still managed to get this annual event accomplished though a bit different than the last few years again it was held at the Barnstable County Fairgrounds and everything worked out great! We had a great group and everyone was very happy to be there. We started out with our Horse Knowledge test then proceeded on with the Hippology portion, took a break for dinner and then continued on, ending with Horse Bowl Buzz Board competition. Everyone had so much fun with all those questions, which thanks by

## HORSE BOWL & HIPPOLOGY *continued*

the way to Amber Fellows for putting that together and sharing it with us! Many thanks to Cassie Vaughn for all her work in gathering together all the items for the Hippology Contest and setting it all up. Thank you to Jan Pitney, Cassie Vaughn, Brenda Fellows and Amber Fellows for their commitment to this program. Also thanks to Krysta Pitney who helped score the tests. Everyone did very well but we are sending a Senior team on to State 4-H Horse Round Up on April 24 in Hadley. Congratulations to the following 4-H'ers: Kayley Ellis, Dena Salerno, Nikki LaCroix and Maggie Mondou and to alternates Amanda Karris and Leanne Gentile.

## 4-H WALK FOR HEALTHY KIDS

Save the date for this annual healthy event, which will be held on Friday evening May 14<sup>th</sup> at the Cape Cod Canal near the Sandwich Boat basin/docks. The Barnstable and Plymouth County 4-H programs will team up once again to offer our 4-H'ers, 4-H volunteers and their families a way to celebrate the 4<sup>th</sup> "H" HEALTH!!!! Please consider participating and discussing it with your club members, families and friends and put a team together to participate in this 4-H Walk. All registered walkers will receive a special surprise as well as a 4-H Tee Shirt and will join us in a healthy picnic dinner watching the boats in the canal.

There will also be a few healthy stations set up for you to participate in, a fun way to learn more about staying healthy all year! We'll even have a station on how to keep your pets healthy so there is something for everyone. Speaking of pets you may bring your dog just use good common sense. In past years we have had many 4-H dog walkers from Plymouth & Barnstable Counties, as pets need to stay healthy too! Also if anyone is interested in fishing at the Cape Cod Canal the evening of our walk you are welcome to bring your fishing rods along too. Please register by May 7<sup>th</sup> to be included in the picnic dinner and be eligible to be in our drawing for some incredible prizes.

More info on the Walk and sponsor sheets will be available very soon. Watch for your packet in the mail and or by email. If you'd like to volunteer to help with this event please let me know by calling me at 508-375-6696 or email [jvollmer@barnstablecounty.org](mailto:jvollmer@barnstablecounty.org) for more information about this celebration of the 4<sup>th</sup> "H" HEALTH!!

## 4-H AFTERSCHOOL PROGRAMS

### Happy Helping Hands and more....

There were many happy hearts at the Harborside Nursing home in Mashpee and Falmouth on Valentines Day thanks to this 4-H Afterschool Community Service Club at the Oakridge School. These 4-H'ers made, decorated and delivered 60 Valentine pins and bookmarks to residents there. In celebration of the "Heart" within our 4-H pledge, these 4-H'ers are setting an example by doing community service and making a difference in the lives of others. Many thanks to Amber Camelio and her mom who helped make this all possible!

They also have been very busy on their next big project making more pins and bookmarks for St.



Patrick's Day. They cut glued pasted and decorated almost 400 items that will be given out at concerts and sing-a-longs at 10 nursing homes and assisted living facilities on Cape Cod.

### 4-H Robotics Club at Oakridge School

Once again the Oakridge School is hosting a 4-H Robotics and Engineering after school club for kids in grades 5-8. This has been a very fun and interesting experience as we have students from Upper Cape Tech that are the actual leaders of this club. Many thanks go to students Mark Gianfrante and Dylan O'Niell for all the time and energy that they are devoting to this project. These guys are enjoying all their volunteer time and totaling up a bunch of community service hours for honor society as well. The Oakridge students are having a great time building robots as Mark and Dylan give them different challenges to accomplish. I had a chance to visit with them recently and saw the hands on projects and enthusiasm that we love to see in all our 4-H programs. Great job



## NATIONAL 4-H CONFERENCE

National 4-H Conference is the Secretary of Agriculture's premier youth development opportunity to engage youth ages 15-18 in developing recommendations for the 4-H Youth Development Program. ***Congratulations to Leanne Gentile for being selected to represent Massachusetts!! We look forward to hearing all about it***

## 4-H SCHOLARSHIPS/CAMPERSHIPS

The Barnstable County 4-H Program through the hard work and generosity of the 4-H Advisory Council is pleased to offer numerous scholarship opportunities for 4-H members. 4-Hers interested in attending 4-H Camp Farley or other 4-H Camps and/or 4-H Horse Camp, are encouraged to apply.

4-H Scholarships are also offered to 4-Hers pursuing higher education including college, Tech schools or certificate programs. Applications and polices for these scholarships are available on our website or may be requested by contacting Judy at the 4-H office at [jvollmer@barnstblecounty.org](mailto:jvollmer@barnstblecounty.org) or 508 375-6696. These are due in the 4-H office by **April 1st** and must be filled out completely. Any late applications will not be eligible for consideration. Thank you for your promptness.



## BABYSITTING CORNER



### Upcoming Classes:

Bourne Public Library

March 20 and March 27

from 9:00 a.m. to 1:00 p.m.

Call 508-759-0644 ext.106 for registration details

Falmouth Public Library

April 7 and April 14

From 4:30 to 8:30 p.m.

Call 508-457-2555 ext. 6 for registration details  
(Participants should bring a bag dinner)

Sandwich Public Library

April 21 from 10:00 a.m. to 3:00 p.m.

and

April 22 from 10:00 a.m. to 1:00 p.m.

Call 508-888-0625 for registration details  
(Participants should bring a bag lunch)



4-H & Youth Development Program  
Cape Cod Cooperative Extension  
PO Box 367  
Barnstable, MA 02630-0367



## 4-H STATE NEWS



### **DOG PROJECT UPDATE**

**Mark your calendars now to save these important dates:**

State 4-H Dog Camp:- May 21-23 @ 4-H Camp Farley

State 4-H Dog Show: June 19 @ Barnstable County Fairgrounds.

As clubs begin to prepare for these events and for Eastern States next fall, please note that this year the group to study is the Herding Group. The theme for photography will be “All Together Now”. Chapter 6 (M-Z) from the first aid book will also be a source of questions in 2010.

### **HORSE PROJECT VERIFICATION**

Reminder: All horse project verification forms are due in the member’s local office by April 1st or 90 days prior to the first horse show.

The Big E Horse Show deadline is April 1st.

### **SCIENCE, ENGINEERING AND TECHNOLOGY (SET)**

An exciting three day program happens June 27th - 29th, 2010 at the University of MA, Amherst for 4-H youth ages 12 - 16. Come explore a variety of SET topics while experiencing what college life is like and what UMass Amherst has to offer.

*Be sure to visit the official 4-H website at [www.4-H.org](http://www.4-H.org) for up to date state news and information!*