

4-H AFTERSCHOOL & YOUTH DEVELOPMENT PROGRAM NEWS



MARCH 2010



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www.capecodextension.org

COMING RIGHT UP!

March

- 11 CPR to Child Care students at Project Forward
- 12 CYF Summit in Harwich
- 24 Learn to Sew program begins at the Barnstable Intermediate School
- 25 Cape Youth Force Grants meeting from 4:00 p.m. to 7:00 p.m.

April

- 13 Cape Cod Foundation BCCCYF meeting from 3:00 to 5:00 p.m. @ the Transportation Ctr.
- 21 Babysitting at the Sandwich Public Library
- 22 Babysitting at the Cultural Center of Cape Cod
- 22 Earth Day celebration at the Centerville Public Library

More April vacation programs are currently being planned, so don't forget to check the website!

FEBRUARY HIGHLIGHTS:

Barnstable High School ZOOM Program

One hundred and fifty heart shaped cookies were made, frosted, sprinkled, bagged and delivered to the Hyannis Senior Center for the "Meals on Wheels" delivery.

A new Photography Club began after school on February 2nd, under the direction of 4-H volunteer Heather MacKenzie and myself. Students have been busy taking pictures, manipulating and editing them, creating slideshows and adding their own music. They are working on an end of year slideshow to highlight all of their activities, and contributed 6 slides to the Community Slideshow at the CYF Summit on March 12th.

Blankets for Babies

Barnstable County 4-H was delighted to be a partner in the Barnstable Public School's Enrichment Clusters, for 5 weeks, from January 13th through Febru-

ary 10th. Students assisted in making a colorful pile of assorted fleece blankets/pillows that are being donated to children who are being treated for a chronic illness at home. Students also each made a fleece pillow to take home and give to a special family member- or to keep! If you know of someone who might qualify for a little "warm and fuzzy" please let me know (kbickford@barnstablecounty.org).

Bournedale School

Allyson Bizer Knox reports that she has had about 19 students staying after school on Thursdays to participate in a program on science, nature and art called *Everything AND the Kitchen Sink*. Allyson will also be doing some 4-H Energy Education programs through a grant from the town of Bourne beginning in April, so be sure to check our website for the information as it becomes available. She also has some exciting news about a marine program on Main Street in Hyannis this summer, so stay tuned.



OMK News:

OMK Camp Funded!



We just received word that our proposal to offer two weeks of overnight camp to children with active duty family members has been funded by the Department of Defense, once again. This camp is being offered to all military children provided them with a residential camping experience. There are two camp sessions being offered, each six days and five nights. The dates are July 11-16th or July 25-30th. This camp is a collaborative effort of OMK, Barnstable County 4-H, YMCA Cape Cod and Bays & Girls Club. For more information, please contact PJ Richardson at 508-428-9251 x200.

Cape & Islands Youth Congress/Cape Youth Force

Cape & Islands Youth Congress held their monthly meeting at the Cultural Center of Cape Cod on February 3rd, to help plan this year's CYF Summit and to prepare for the Cape Youth Force grant deadline on March 1st. Looking forward to seeing Congress representatives and their friends at the Summit on March 12th! Also looking forward to watching some of them MC this annual event! Kudos to Harwich High School for sending the highest number of students consistently this year!!

Babysitting

Congratulations to the latest 4-H Babysitting graduates at St. Francis Xavier School, Sandwich Community School and Truro Library. There is currently a program at Quashnet School (in progress) and two others planned for April vacation one at the Sandwich Library and the other at the Cultural Center of Cape Cod!

Super Snacks at Trinity Academy

We had a lot of fun experimenting with super snacks at trinity on February 25th. Students snacked on healthy salsa and baked chips, fruit smoothies, strawberry mice & cheese, and a spinach "flower"

made up of vegetables that were then dipped in low fat Ranch Dressing. The teacher reports that 100% of the students loved the snack fair and eagerly took their recipes home to share with parents! Hooray!

Learn to Sew

A new Learn to Sew program is being planned for Wednesdays at Barnstable Intermediate School with Lorraine Fraser. The class will run from March 27th through May 5th, from 2:45-4:15 p.m., fee for this program is \$25.00. Please call or email Kerry to register. Program cost is available on a sliding fee.



More Afterschool

Heather Pezzone is busily planning a new 4-H/OMK program after school at Peebles Elementary School, so stay tuned for more on that! If you haven't met Heather, you definitely want to check this out. She is a dynamic and interactive teacher who gives 100% to everything she does. We appreciate you Heather!

Vacation time.

Check out the events we have planned for April vacation. Babysitting course at the Sandwich Public Library and one at the Cultural Center of Cape Cod. Also celebrate "Earth Day" at the Centerville Public Library from 11 a.m. to 2 p.m. Log onto our website for more information and up to date programming. (www.capecodextension.org)

Finally.

We have recently made changes to our 4-H newsletter and to our website! The newsletter is now being primarily directed toward those who are enrolled in clubs. For those who participate in after school programs, Youth Congress, Cape Youth Force or any Barnstable County Council for children, Youth & Families initiative, this information will now be sent to you in an electronic document, like this. I am also trying to keep all current youth development events and activities related to the BCCCYF on the new website as well, so check it out! Let me know what you think!

Kerry Bickford