

Cape Cod Cooperative Extension - Barnstable County



4-H NEWSLETTER JANUARY 2012



4-H Youth & Family Development Program

UPCOMING EVENTS

- January 9 4-H Advisory/Volunteer Meeting - CANCELLED
- January 27 4-H Annual Awards & Recognition Banquet ~ **POSTPONED!**
- February 11 Winter Workshop ~ **ON HOLD**
Horse Bowl & Hippology ~ **ON HOLD**
- March 2 Visual Presentation Night dinner at 5:30 - Barnstable W. Barnstable Elementary School
- March 31 State Visual Presentation Day ~ 9:30 to 3:30 p.m. - Bedford, MA

PHOTO GALLERY



CONTACT INFORMATION

Judith M. Vollmer
4-H Extension Educator
508-375-6696
jvollmer@barnstablecounty.org

Chris St. Pierre
4-H Administrative Assistant
508-375-6690
cstpierre@barnstablecounty.org



University of Massachusetts ~ Cooperative Extension ~ Barnstable County
Post Office Box 367, Deeds & Probate Building, Barnstable, MA 02630
Barnstable County 4-H Youth Development Program, Cape Cod Cooperative Extension and
UMASS Extension offers Equal Opportunity in Programs and Employment



www.capecodextension.org

AWARDS AND RECOGNITION

4-H Dance, Awards and Recognition Night

Mark your calendars now for a fun filled night on Friday, January 27th, as we sashay our way across the floor with lots of dancing. This special event will be held at Christ the King Parish Hall at Mashpee Commons starting at 6:30 p.m. with an informal dinner and ending at 9:00 p.m. Deena Dries will be on hand to teach us all the right country line dance steps to get us all going and by the end of the night we'll be looking good! We will also be recognizing 4-H Volunteers and 4-H Members for their outstanding participation in our program. There will be raffles, prizes and even a special activity to do, so watch the mail for your special invitation and please RSVP as soon as possible.

4-H WINTER WORKSHOP

Another great 4-H event to spice up a long winter! The annual 4-H Winter Workshop will be held on Saturday February 11th, at the Horace Mann Charter School in Marstons Mills (the same place we have had it in past years). The brochure and registration form for this event will be mailed out soon with a schedule of the different workshops being offered on that day. We will start at 9:30 a.m. and end at 2:30 p.m. Registration cost is \$10.00 and covers all workshop materials and lunch. Please send in registration form and fee as soon as possible to ensure you get into your first choice activities.

4-H HORSE BOWL & HIPPOLOGY CONTEST

This event will be held simultaneously with our 4-H Winter Workshop on February 11th as we have done in the past few years. This event is open to all 4-H Horse members and will decide who will be selected to represent Barnstable County at the State 4-H Horse Round Up. Please register on the Winter Workshop form and you will be able to participate in all the other fun activities in the afternoon session.

HANDS TO A LARGER SERVICE

Thanks to two incredible 4-H clubs, Bourne Equestrians 4-H Club and Cape Cod Livestock 4-H Club who have been putting those "Hands To Larger Service" by making hundreds of holiday pins to give holiday cheer to residents of fourteen nursing homes and/or assisted living homes with the help of The Victrola Society. This is a choral group composed of seniors that provide hours of enjoyable entertainment creating memories and smiles singing tunes the residents know and love.

STUFF A BUCKET!

Thanks to our new 4-H Ambassador group and anyone who made a donation towards our "Stuff a Bucket"/Teen 4-H Community Service Project. We were able to put together popcorn buckets that included DVD's, sweets, popcorn, gift cards and other various gifts that were donated to needy teens in our community.

4-H FOOD DRIVE NEWS

4-H Food Drive Collects a TON and more of Food!!!

The Barnstable County 4-H Program has completed another very successful 4-H Food Drive collecting a total of 250 bags of groceries and numerous boxes (and even a truck load), which totaled 3,850 pounds of food!!! Congratulations to our 4-H clubs, Equus Friends and Mini Hoofbeats, for collecting the most food. In addition, there were many folks who helped us achieve our goal and rallied around this worthwhile community service project. Their support included getting the 4-H bags ready with our 4-H stickers, helping with kick-off at the Harvest Festival, collecting or purchasing food and dropping it off at one of our collection locations, sorting and packaging the food and then putting it in the trailer and bringing it over to the Barnstable County Fairgrounds. There was certainly a lot of effort made to coordinate everything but it was so worthwhile.

It was pretty impressive as we loaded up vehicles from the local food pantries, at the Barnstable County Fairgrounds. Putting our muscles to work loading up their vehicles, packing them full of bags and boxes filled with good nutritious food.

Many thanks to the Barnstable County Agricultural Society, aka the Fair, which was not only a drop off spot but also let us take over their back room and fill it with bags. Also, thanks to the BC Fair staff, Wendy, Pam, Mike and Ray for all their help, lugging bags and supporting us in every way as well as welcoming all 4-H folks who came to drop off their bags. There are a few more people that I would like to thank for their efforts as well:

- "Thank You" to anyone who donated a bag or money or offered support to this endeavor!
- Barnstable County 4-H Advisory Council for their resources supporting and promoting this project.
- Adam Lipper who got many of his colleagues at Benthos to make generous donations.
- Staff at the Barnstable County Complex from Cape Cod Extension, Land Court and the County Commissioners Office.
- The Victrola Society who filled up lots of bags and/or members who made some very generous monetary donations.
- 4-H Clubs including Equus Friends, Bourne Equestrians, Muddy Paws and Otis 4-H Adventure Club at Air Station Cape Cod.
- Directors of the Barnstable County Fair who made donations.
- Master Gardeners.
- Jim Parsons of the Bourne Community Center.
- Anonymous donors who were extremely generous with their monetary support.
- The rest of the MA 4-H Program, as this was a statewide effort.

We sure proved that our pledge of Hands to Larger Service certainly made a huge difference for our clubs, our community our country and our world!

HARVEST FESTIVAL 2011

Harvest Festival has come and gone and once again and WOW the Youth Building was jammed all day! There were tons of 4-H things for kids to do and we had lots of great help to make it a fun day for families and kids. There are a few people who deserve many thanks.

We brought the broom back out for Kitchen Witch Lynn Barry so she could fly around the 4-H Kitchen and do her magic, whipping up good things to eat and of course her best helper, husband Kevin Barry, was also on hand helping out all weekend and was unbelievable. Many thanks to our own very talented Nancy McDermott who helped prep on Friday and then was key to getting the kitchen up and running on Saturday in Lynn's absence. Thanks to the Kitchen crew Donna Tyndall, Mindy Tagher, the Coonamessett Farm 4-H Club particularly Karen Schwalbe, Alden and Eliza. Annalee, Miriam and Jackie May from the Cape Cod Livestock Club. The pumpkin washing brigade this year consisted of Lori Horne and her club The Cape Cod Photo Snappers and of course little Kiera who also helped wash hundreds of pumpkins on Friday.

In the Youth Building we had the ever popular Pumpkin Decorating Station where kids chose a pumpkin and embellished it with all kinds of decorations to make their own incredible pumpkin creation. Thanks to the Artwick family, Cathy, Allan, Austin and Ashley, for being there all day long. The members from Cape Cod Livestock 4-H Club manned the craft table, making bookmarks, decorating Halloween bags and more. On Sunday, Cape Cod Photo Snappers with super volunteer Lori Horne and club members came with decorate a cookie and they also manned the Pumpkin decorating table. They were absolutely incredible! We can't forget about health and nutrition, so thanks to Cooperative Extension staff educator, Sue Bourque and her helper Libby who once again kept reminding us about healthy snacks by doing a fun popcorn activity! Hula hoops for a little movement activity was also a popular with the kids. The 4-H bake sale table was a huge hit thanks to Nancy McDermott, who made loads of delicious quick breads. Pans of warm apple crisp were also made and sold while everyone enjoyed the festivities.

We were all so busy and the days flew by, but thanks to everyone who helped clean up on Sunday especially the Rubinstein's and Shwalbe's!

The annual 4-H Food Drive was kicked off with a big display and lots of grocery bags. The 4-H National Youth Science Experiment concentrated on Wind Power which is very pertinent to Cape Cod.

Also a thank you to Bourne Equestrians 4-H Club for doing the Wonderful World of Horses Breed Show on Sunday in the upper ring and barn. Lori Marquez did a great job announcing for the kids. Everyone did very well. Thanks for all the effort!

Judy

4-H CLUB NEWS

Otis 4-H Adventure Club Is One Adventure after Another. The Otis 4-H Adventure Club has once again been very busy this fall, with the kick off of "Jump Into 4-H", welcoming new kids and families into our 4-H program. They are taking advantage of the nice fall weather for outdoor games and nature scavenger hunts, a field trip to the Fire Station and an awesome Halloween Party. It sure has been busy and lots of fun for those 4-Hers! Welcome to all!!!

In September, Otis 4-H Adventure Club took a field trip to the new wind turbine on Otis ANG base where they learned all about wind power as they toured the facility. Later they performed the 4-H Science project for this year "Wired for Wind". They certainly had a lot of fun learning about this alternative energy source.

The Junior Chef 4-H Club at Otis also got going making the refreshments for the first meeting of the Otis 4-H Adventure Club, making two fruit dips to serve up with fresh sliced apples. We are thrilled to welcome back Lynne Armstrong who once more will be the master chef for this club. We are so very lucky to have you on board with us.

Buzzin' with News! In October, the 4-H Bee Keepers/Entomology club gave a presentation to the Barnstable County Bee Keepers Association. Julie Lipkin from Cape Cod Online was in attendance and wrote the following in her capecodonline blog dated October 13, 2011:

"And since I'm here, I just have to give a shout-out to the [county 4-H beekeeping club](#) which gave a presentation to our [beekeeping association](#) Tuesday. Those kids are our bees' future, and if they're half as good at beekeeping as they are at storytelling, our honeybees have nothing to worry about. Particular kudos to club president Ella Hunt, who is an absolute joy. Go, 4-H!"

New 4-H Animal Lovers Club on the horizon. First meeting will be held on Saturday, January 14th from 10-11:00 a.m. at the Sandspit Alpaca Farm in Wellfleet. This club will meet every other Saturday on the Alpaca Farm. Please call Katie Flanagan at 508-349-7585 or contact her by email katieflanagan94@hotmail.com for more information.



BABYSITTING CORNER



Upcoming Classes:

Bourne Public Library: January 7 & 21 9:00 a.m. - 4:00 p.m.
Contact 508-759-0644 ext.106 for more information.

W. Falmouth Library: February 23rd from 4:00-8:00 p.m.
and February 25th from 10:00 a.m. - 2:00 p.m.
Contact 508-548-4709 for more information.

Truro Public Library: February 21st - 24th from 1:00 - 3:00 p.m.
Contact 508-487-1125 for more information.



4-H & Youth Development Program
Cape Cod Cooperative Extension
PO Box 367
Barnstable, MA 02630-0367

HOLIDAY GREENS FUNDRAISER

On December 2nd, the night designated for pick up, our club members, families and volunteers once again came together to help load Christmas trees and wreaths into vehicles. We sang Christmas Carols and had some good ole' fashion fun. What a memorable evening we had to launch us into the Christmas season.



Thanks to all of our club members, families and volunteers for making this fundraiser a success. We sold 113 Christmas Trees and 295 Wreaths/Swags. I think you will all agree that the product we sold was top notch and that everyone that placed an order was pleased to receive such beautiful greens. Unfortunately there were a few errors with orders and hopefully everyone has been reimbursed at this time. It has been a great learning experience for us to undertake such a task and be so successful.

ENROLLMENT WINNERS!

Congratulations to the following clubs for being the first three to return your enrollments:

- 1st place - Mini Hoofbeats
- 2nd place - Cape Cod Photo Snappers
- 3rd place - Coonamesset Farm Club

Also, a big thank you to all clubs who returned all of your enrollments prior to the November 15 deadline.

DOG SHOW AT THE BIG "E"

Kudos', Congrats and Yippee!

MA 4-H & Barnstable County was well represented with 32 youth participating at the 2011 ESE 4-H Dog Program. Participants from our Muddy Paws 4-H Club included: Kelsey Beers, Emeline Janowicz, Emily Mack, Haley Milligan and Picabo Miskiv. Great Job!



Be sure to visit the official 4-H website at www.4-H.org for up to date state news and information!