

Cape Cod Cooperative Extension - Barnstable County



4-H NEWSLETTER FEBRUARY 2011



CALENDAR OF UPCOMING EVENTS

TBD	Annual Awards & Recognition Night	April Vacation	Exhibit Week (see details on back)
February 7	VP Training sessions @ the Barnstable County Fairgrounds, Falmouth	May 20-22	State 4-H Dog Camp-Camp Farley
February 22	Winter Workshop @ the Barnstable County Fairgrounds, Falmouth	May 13	4-H Walk for Healthy Kids
February 24	Winter Workshop in Dennis Northside Methodist Church, Brewster	June 19	State 4-H Dog Show-Fairgrounds
TBD	Horse Bowl & Hippology Contests	June 23 & July 5	4-H Workday @ the Youth Bldg. Barnstable County Fairgrounds
February 26	State 4-H Horse Seminar	June 27	2011 SET Camp/Teen Conference, UMASS, Amherst
March 4	Visual Presentation Night - Barnstable	July 7	4-H Set up day in Youth Bldg. Barnstable County Fairgrounds
April 2-7	National 4-H Conference-Maryland	July 16-23	Barnstable County Fair
April 2	State 4-H VP Day - Bedford, MA		
April 9	State 4-H Horse Round Up		

WINTER PHOTO GALLERY



CONTACT INFORMATION

Judith M. Vollmer
4-H Extension Educator
508-375-6696
jvollmer@barnstablecounty.org

Chris St. Pierre
4-H Administrative Assistant
508-375-6690
cstpierre@barnstablecounty.org



University of Massachusetts ~ Cooperative Extension ~ Barnstable County
Post Office Box 367; Deeds & Probate Building, Barnstable, MA 02630
Barnstable County 4-H Youth Development Program, Cape Cod Cooperative Extension and
UMASS Extension offers Equal Opportunity in Programs and Employment



FOOD DRIVE

4-H Food Drive Collects a TON and more of Food!!!

Well the Barnstable County 4-H Program is completing another very successful 4-H Food Drive collecting a ton of bags. There were many folks who helped us achieve our goal and rallied around this worthwhile community service project. From getting the 4-H bags ready with our



bright green 4-H stickers and having the kick off at the Harvest Festival, collecting or purchasing food, to dropping it off at our collection locations, sorting and lugging there was a lot of effort made to coordinate everything but it was so worthwhile.

Many thanks to the Barnstable County Agricultural Society, who were not only a drop off spot but let us completely take over their back room and fill it with bags. Also to the BC Fair staff, Wendy, Juanita, Mike and Ray for all their help with lugging and supporting us in every way as well as welcoming all 4-H folks who came to drop off their bags. There are a few more people that I would like to thank for their efforts as well as a "Thank You" to anyone who donated a bag or money or offered support to this endeavor.

Kerry Dyka, Diane Martin, Nancy Johnson and Lynn Barry for helping with many, many aspects of this endeavor, Donna Bird for helping secure drop off locations, Barnstable County 4-H Advisory Council for their resources supporting and promoting this project, Adam Lipper who got many of his colleagues at Teledyne Benthos to fill bags, staff at the Barnstable County Complex from Cape Cod Extension, Land Court and County Commissioners Office. The Law office of Laura McDowell-May in Dennis, 4-H Clubs including 4-H Equus Friends, Cape Cod 4-H Livestock, 4-H Beekeepers, The Wanderer's, Bourne Equestrians, Muddy Paws, Saddle Up With 4-H, Otis 4-H Adventure Club and the Jr. Chef 4-H Club at Air Station Cape Cod. Directors of the Barnstable County Fair, Jim Parsons of the Bourne Community Center, Hyannis Toyota, Orleans Toyota, Truro Library, Bank of America in Yarmouth Port, the Barnstable Police Department, Hyannis Fire Department and Cape Cod Five Cents Savings Bank.

2010 Recipients of our 3250 pounds of food were Bourne Food Pantry, Cape Cod Council of Churches Hands of Hope Outreach, Salvation Army, Otis Food Pantry, St Vincent DePaul Society, Lower Cape Outreach Food Pantry, Missie's Closet Community Action Council, The Viet Nam Vets Association Cape & Islands Food Pantry, and AIDS Support Group Food Pantry.

Along with the rest of the MA 4-H Program, as this was a statewide effort, we sure proved that our pledge of **Hands to Larger Service** certainly made a huge difference for our clubs, our community our country and our world!

4-H AWARDS & RECOGNITION NIGHT

We are currently working on an alternative site to hold our annual 4-H Recognition Program while Christ the King Church is undergoing renovations. We will let you know as soon as we know so you can mark your calendars with the new date.

If you would like to help plan this fun family evening sometime this spring please call Jude 508-375-6696 or email jvollmer@barnstablecounty.org.

4-H WINTER WORKSHOP

Winter workshop is back! This year we are going to try something a little different and have Winter Workshop on two different days in two different locations during the February school vacation. By holding this event on two separate days we are hoping that you will be able to choose one that fits into your schedule. The first one will be held on Tuesday, February 22nd at the Barnstable County Fairgrounds and the other will be held on Thursday, February 24th at the Northside Methodist Church, Setucket Rd., Brewster. Each workshop will offer fun hands on activities such as Scrapbooking (bring some 4-H pictures or others for this workshop), Kitchen Chemistry, Communication games (in preparation for VP), Community Service craft and Fun with Food while making your own lunch. There will also be a Visual Presentation component for those of you who would like more information or tips on how to give a blue ribbon presentation. This 4-H day is open to all 4-H'ers and volunteers are welcome too. Cost is \$5.00 per member, checks made payable to: Barnstable County 4H Advisory Council. The remaining expenses will be paid for by the Barnstable County 4-H Advisory Council who is generously hosting this event. **Please pre-register by February 17th** by calling or emailing us. Let us know which workshop you would like to attend. (The \$5.00 fee can be paid on the day of the workshop.) We will need to know how many will be attending at each location in order to prepare for food and materials. *Hope to see you there!*

VISUAL PRESENTATION

Visual Presentations will be held on Friday, March 4th at the West Barnstable Elementary School on Route 6A beginning at 5:30 for the pre VP dinner. We will also be offering a VP training on Monday, February 7th from 6:00 to 7:30 p.m. at the Barnstable County Fairgrounds administrative building for those of you who would like more information or tips on how to give a blue ribbon presentation. Please let us know in advance if you plan on attending this session. Or you can attend one of the workshops being offered this year at the Winter Workshop event. **Registration forms for Visual Presentations are due into the office by February 28th.** Please include the number of people planning to attend the dinner. Also, let us know prior to February 21st if there is a 4-H member with a disability that will require special accommodations. For additional information visit our website at: www.capecodextension.org or Mass 4-H at: www.mass4h.org

COMMUNITY SERVICE PROJECTS

Hands to Larger Service

Wow what a great job the members of the Cape Cod 4-H Livestock Club did putting those “Hands To larger Service” by making over 500 hundred holiday pins to give holiday cheer to residents of fourteen nursing homes and or assisted living homes with the help of The Victrola Society. This is a choral group composed of seniors that provide hours and hours of enjoyable entertainment creating memories and smiles singing tunes the residents know and love. In the meantime thanks so much for keeping those hands busy! Each year we keep managing to put smiles on many faces that sometimes don’t receive gifts. In return residents share their fond memories, remembering their own days in 4-H, and are so happy that 4-H is still going strong. Even the residents that cannot attend the concerts due to their illnesses are brought these trinkets and remembered. So once again little things mean a lot and a little kindness goes a long way.



4-H Stuff a Stocking A Holiday Community Service Project

The Barnstable County 4-H Program once again offered our annual “Stuff A Stocking” community service project. This year our super duper Muddy Paws 4-H Club

hosted this gathering at the Osterville Community Building on December 16th to stuff lots of wonderful things for infants and toddlers into our 4-H “Stuff a Stocking” event. These Gift bags, decorated with stockings, were once again donated to “A Baby Center” in Hyannis. This is offered as a community service learning activity and a great way to truly give back during the holiday season.

There were many steps to this project starting with the sorting. All of the donated clothes, socks and shoes, hats and jackets needed to be sorted into different piles according to sizes and gender so that we could assemble them into complete outfits. Toys and books were also sorted and laid out according to ages. For infants there were onsie’s, wipes, baby lotion, etc. Once everything had been laid out each person at the event decided on who they would “shop” for, a boy or girl and what age. This was done numerous times until all the items had been stuffed into the stockings. By choosing from the different age groups 4-H’ers were able to learn what would be appropriate to give to each age group and gender. With the help of Diane everyone there enjoyed “shopping” for the gifts and making up the completed gift bags. After all the bags were stuffed with goodies we embellished each one with tissue and ribbon before putting tags on each bag noting the correct age and gender that the gift would go to.

Thank you so much to 4-H volunteers Diane Martin and Kerry Dyka for helping organize this event and whose cars were so full of bags that we could hardly see out our win-

COMMUNITY SERVICE PROJECTS

4-H Stuff a Stocking—A Holiday Community Service Project Cont’d.....

dows as we drove home so we certainly had another successful event! We left with full hearts as well as knowing we had provided so many little ones with a holiday gift. Once again we had over 100 bags and also boxes and boxes of diapers, formula and other things that couldn’t fit into a bag. The next morning all the “Stocking Gift Bags” were brought to “A Baby Center” in Hyannis where we were met with gratitude and affection for the generosity of this program. We were able to make a difference in the lives of many families that received these gifts in time for the holidays. Thanks to Kerry Dyka and Molly Lipper for helping unload and carry all the gift bags! Thanks also to Muddy Paws for providing all the refreshments and camaraderie!

ENROLLMENT CONTEST WINNERS!

Congratulations to the following clubs for being the first three clubs to hand in their enrollment packets:

- 1st place: Bee Keepers Club
- 2nd place: Bourne Equestrians
- 3rd place: Otis 4-H Clubs

4-H SCHOLARSHIP RAFFLE WINNER

Congratulations to former 4-H’er of Equus Friends, Kerry Ricardo, who won the scholarship raffle. Thanks to all who participated.

CLUB SPOTLIGHT NEWS



Kudo’s to The Wanderers 4-H Club who recently spent a weekend camping at the Shawme-Crowell State Forest campground utilizing one of their yurt’s. The temperatures on that particular

weekend dipped below freezing but our hardy “Wanderers” prevailed. This is just one of many of the outdoor expeditions that this club has done. Other’s include hiking/packing and camping on different parts of the Appalachian trail, primitive camping, ice skating on the “Frog” pond in Boston and then dining at Faneuil Hall. Way to go Wanderer’s!



BABYSITTING CORNER



Upcoming Classes:

Truro Public Library:

Tuesday February 22-25
from 1:00 to 3:00 p.m.

Pre-registration is required.

Call 508-487-1125 for more information.

Quashnet Valley School, Mashpee

Tuesdays, March 1st thru April 5th
from 3:00 to 4:30.

Register through Mashpee Leisure Services
or go to our website for more information



4-H & Youth Development Program
Cape Cod Cooperative Extension
PO Box 367
Barnstable, MA 02630-0367

4-H CLUB EXHIBIT WEEK CONTEST

This is a great time to start thinking about what your club would like to create for the 4-H Club Exhibit Week. This contest offers an opportunity for clubs to create an educational window display. A club can choose to display at a store front, library, school, church

or any other public place that will give them the opportunity to set up a display. This year it will be held during April school vacation week. There is no theme this year so clubs are invited to be creative. Prizes will be awarded to the top exhibits. More information to follow.



4-H STATE NEWS



STATE VISUAL PRESENTATION DAY - April 2, 2011 starting at 11:00 a.m.
at the Bedford Middle School, Bedford, MA

4-H Idol and “So You Think You Can Dance” Contest (*Held in conjunction with State VP*)

Only members that participated in VP at county level can participate in this contest. Performances can include singing, dancing, musical instrument or even a dramatic presentation. More information can be found on our website.

NATIONAL 4-H CONGRESS

It's not too early to be thinking about National 4-H Congress. Every year 4-H sends a delegation of teens to National 4-H Congress in the spring. Teens eligible and interested in applying should look at the guidelines and start working on transforming their 4-H records into the required resume format and think about who to ask to be a reference. Although the application isn't expected to be due until May, why wait until the last minute?

*Massachusetts 4-H newsletters are now available online at www.mass4H.org.
Click on news & events then 4-H newsletters for the latest information.*

Be sure to visit the official 4-H website at www.4-H.org for up to date state news and information!