

Cape Cod Cooperative Extension - Barnstable County



4-H NEWSLETTER AUGUST 2011



4-H Youth & Family Development Program

UPCOMING EVENTS

- September 1 4-H Fall Enrollment begins
- September 4 Ag Fair Sunflower Contest, Truro (9:00 - 10:00 a.m. entry registration)
- September 7 RSVP Fall into 4-H Meeting
- September 12 Fall into 4-H Meeting, Fairgrounds from 5:30 - 7:30 p.m.
- September 17 BIG E - 4-H Day! (Fair starts September 16 and runs to October 2)
- October 1 & 2 Harvest Festival, Barnstable County Fairgrounds, Falmouth
- October 5 4-H National Youth Science Day
- October 27 Halloween 4-H Spirit Night @ Miss Scarlett's Blue Ribbon, Yarmouthport

PHOTO GALLERY



CONTACT INFORMATION

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Barnstable County 4-H Youth Development Program, Cape Cod Cooperative Extension and
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FAIR MEMORIES 2011

It all started back in June when we got together for our Make Your Own Taco and Ice Cream Sundae Night to get everything set for the fair. It was a fantastic turnout with over 100 attendees. I hope you all enjoyed it as much as I did. Everyone was so enthusiastic about pitching in at the fair and learning more about each task that needed to be done during fair itself.

Where to begin? You all really stepped up to the plate this year, it was incredible. Another fair is now history but the sights, sounds and experiences all added another page to our 4-H memory scrapbook. The pre fair cleaning and set up of the Youth Building seemed a much easier process this year. We had some terrific helping hands and after scrubbing, moving and decorating things, we were ready to accept exhibits. Many thanks to Bourne Equestrians and Equus Friends 4-H Clubs who really came through for our first workday. On the second workday Cape Cod Livestock 4-H Club tore apart the 4-H Kitchen and scrubbed everything in it from top to bottom and I have pictures to prove it! Thanks to Doreen and Bev Chagnon as well as Mindy Tagher and Katherine Major (yes, she's back yippee!) for pitching in the day before fair opened.

Everyone was wowed by the Youth Building thanks to our resident fuss budget Kerry Dyka who always makes it look so good. We had some very talented youth exhibit some very creative things, from paintings to decorated cakes and some gorgeous photographs, as well as Lego exhibits and lots of very original crafts! Thanks to everyone who helped getting exhibits in on Tuesday before the fair, Joyce Lindberg, Will McLean, Alden and Eliza Hackler, and Karen Schwalbe, Annemarie and Jillian Taylor, Lori Horne and sons Zach and Josh Decker. Thanks to all our judges who truly helped us get all those exhibits ready especially Mindy Tagher, Doreen Chagnon, Lori Horne and Katherine Major with some help from Keely and Riley. Also, thanks to Barbara and Kara Felegian who served up the judge's lunches.

All the 4-H Club exhibits were great! Did you check out Muddy Paws 4-H Club's exhibit "We've been Framed", it was very, very cute. Equus Friends how super and our new 4-H Theatre Arts Club made awesome paper maché masks! I hope you checked out the pollinator garden, in front of the Youth Building, with the scarecrow dressed up in his bee suit courtesy of the 4-H Beekeepers. Thanks to everyone who helped out with our on going activities during fair. Planting a "giant" sunflower seed, Mr. Potato Head, making 4-H fans, coloring contests and even making pillows for Hospice. The Youth Building always smelled awesome thanks to so many of our 4-H bakers who made lots and lots of yummy cookies. The week ended with a bang when the 4-H Mini Hoofbeats Club took the reins in the demo kitchen.

Thanks to the following for educating, demonstrating and exhibiting in the Youth Building during fair. Sue Bourque and Kim Conra both nutrition educators from Cape Cod Cooperative Extension, who brought such fun nutrition activities this year. It's amazing to see the hidden

ingredients in the things that we eat and don't even know it! County nurse Diedre Arvidson and her volunteers from the County Health Dept came to teach sun safety and educate kids on ticks and Lyme disease. The scarecrows from the master gardeners kids gardening program. Feathers were flying with a special visit from the 4-H Bird Club. The 4-H Dog Show also was a fun time it was nice to see Jim Shea and thanks again to Judy Dow and Muddy Paws 4-H Club! A big thanks to the Wanderers, Beekeepers and the Coonamesset Farm 4-H Clubs for decorating the 4-H Kitchen and Sonny's Café.

After our Kitchen Witch Lynn Barry got the old cauldron up and boiling, she weaved her magic to not only make some delicious and nutritious fair meals but to also train and orient over 85 people to help with all the shifts in the 4-H Kitchen all week. A very huge task under normal ideal conditions but next to impossible with the hustle and bustle of fair week! "Can I have 2 ice tea's and ...two turkey dinners with apple crisp...4 chicken salad rollups" and it goes on and on all week despite the unbelievable heat & humidity and let's not forget the night of rain. In spite of it all we still had lots of smiles and lots of fun in the 4-H Kitchen. This was an incredible learning experience for our 4-H'ers on food safety, handling of food, food preparation, consumerism, dealing with the public, using those Visual Presentation skills, and lots and lots of teamwork. Thanks to our number one ace Kevin Barry who knows how to dish out the orders. The week started off with the Wanderers. Everyone got in the groove by mid afternoon and had a fantastic time. Sunday it was Cape Cod Livestock's turn and they had some moms who were waitresses back in the day and really knew how to sling that hash...as always those kids are phenomenal and very hard working. Monday it was the Bourne Equestrians and Equus Friends 4-H Clubs who teamed up and although it was a rather slow day due to the threat of thunderstorms everyone had so much fun. Later the famous duo of Bill & Michele Dumas showed up-meatloaf anyone? Tuesday was the Beekeepers and Coonamessett Farm 4-H Clubs again teaming up for the big day. Alden even got permission to get rid of his crutches so he and Olivia Rose added more decorations and banners to our Kitchen which was awesome. Wednesday was saved by John Janowicz and family as well as more Bourne Equestrians, Lori, Lauren, Annemarie, Jillian and Paige. For the late afternoon into evening shift the Key Club from Barnstable High School joined in and we really had the place covered! Muddy Paws took control on Thursday with Steve Smith and John Janowicz, who was a glutton for punishment leading the pack. So fun to see Kristen Branzetti, those cookies were perfection. Friday brought out the Harmon kids, Madison, Olivia and Josh, Karen Schwalbe and kids, and then later in the day The Theatre Arts Club took center stage with Mindy and Julia Tagher, Doreen and Donna Tyndall helping too there was even a sighting of Mary Nielsen. We all had fun singing oldies to Paul Revere and the Raiders. To end our week Cape Cod Livestock returned. Karen and kids with the Rubenstein's. Welcome back Merrick and Foster who did so well as the water boy. Thanks to Mike and Lisa from Butcher Block for all the ice and friendship.

We had a new visitor to the fair on Saturday as "Blackbeard" the MacDowell-May's newborn calf made his debut and visited the Youth building to lots of ooohs and ahhs.

Another HUGE thank you goes to Equus Friends 4-H Club, Bourne Equestrians 4-H Club and 4-H Little Hoofbeats for participating in the Horse Barn at the fair to do the Wonderful World of Horses. The barn was filled with decorations and lots of information about the breeds and other horse info these groups really continue to make 4-H proud! You are truly amazing and I marvel at your accomplishments every time I watch the kids do their stuff! Keep up the great work!

A huge 4-H Thank You to 4-H alums Julia Tagher, Jackie Trapp and Alex Blair for cleaning the Horse Barn Wednesday night before our 4-H Horse clubs came in on Thursday, you were incredible to step up to the plate and do a big job that needed doing.

Thanks to all who continue to Make the Best Better!

Hope I didn't miss anyone if you helped in any way please know how much it was appreciated!

Judy

POST FAIR WRAP UP MEETING & MORE

Sept 12th 5:30-7:30 "Fall into 4-H" meeting for everyone!

We will have a full agenda to get the new 2011-2012 4-H year going and all start off on the right foot. Please join us for dinner and mounds of information to talk about with the kids all working on some community service projects as well. The dinner meeting will be held in the Youth Building at the fairgrounds and we are asking all to bring a dessert to share!

Enrollment packets will be handed out, new fundraiser information will be distributed with all the details, plans for Harvest Festival will be finalized and plans for many other upcoming dates and projects will be discussed. This meeting will help you organize for the upcoming year and have you hit the ground running with your club. A formal invitation along with a meeting agenda will be forthcoming via email. Please RSVP to this event by Sept. 7th if you plan to attend.

BARNSTABLE COUNTY AG SOCIETY

A very **Special Thank You to the Barnstable County Agricultural Society** for their contribution to the 4-H Program for allowing us to use the grounds and facilities for these events as well as the Barnstable County 4-H Program operating the 4-H Kitchen during the Fair.

4-H ADVISORY COUNCIL

Starting with October's advisory council meeting we will ask that each club send a representative to attend the monthly meetings for a sharing of ideas and to address any questions or concerns that may arise during the 4-H program year.

4-H FALL ENROLLMENT SEPT. 1 - NOV 15

Beginning September 1st fall enrollment begins. Packets will be handed out to the leaders at the September 12th meeting. All packets are due back at the office by November 15th.

SUNFLOWER CONTEST

ATTENTION ALL 4-H SUNFLOWER GROWERS

The first contest for the Sunflower Growing Project is fast approaching. The Truro Ag Fair will be hosting the first contest on Sunday, September 4th. Participants are asked to bring their entries to the fair between 9:00 and 10:00 a.m. The sunflowers will be judged and awarded prizes in a variety of categories including tallest, biggest flower, prettiest, most unusual, etc. All entrants will receive an award.

The second contest will be held at Harvest Festival at the Barnstable County Fairgrounds on October 2nd. Again participants will be asked to bring in the entries ahead of time for judging.

You can pre-register your entry prior to either fair by visiting our website and downloading the registration form. Follow the instructions at the bottom of the form for submitting entry. Good Luck!

STATE 4-H DOG SHOW

The **State 4-H Dog Show** was held at the Barnstable County Fairgrounds and had a great show and a good turnout. Congrats to all the kids who participated!

HALLOWEEN 4-H SPIRIT

Halloween 4-H Spirit at Miss Scarlett's Blue Ribbon Farm. If you love Halloween then we have some great fun planned for you! Miss Scarlet has invited 4-H to be a part of her Halloween farm weekend on Oct 28, 29 and 30th. A portion of the proceeds from this event will be donated to the Barnstable County 4-H Program. One of the exciting opportunities is an illuminated pumpkin patch. We need all the help we can gather at Miss Scarlett's located on Rt 6A in Yarmouthport on Thursday Oct 27th from 3:30-5:30 to carve jack-o-lanterns and then place them all over the farm for the upcoming weekend of fun.

2012 4-H BEEKEEPING ESSAY CONTEST

4-H members enrolled for the 2011-2012 4-H year are invited to submit an essay (must be submitted electronically) of 750 to 1000 words on the topic "The Results of Honey Bee Pollination in My Community." The essay is due in the state 4-H office by February 1, 2012. The winning essay will be sent to the national competition. Three cash prizes, \$750, \$500 and \$250, will be awarded by the Foundation for the Preservation of Honey Bees, Inc. For complete rules contact Sherrie Guyott at sguyott@umext.umass.edu.

4-H NATIONAL YOUTH SCIENCE DAY

October 5th is 4-H National Youth Science Day. This year's experiment is Wired for Wind. In this year's experiment youth will enhance their engineering skills by designing, building and testing two different wind turbine models.



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STATE 4-H NEWS



NATIONAL 4-H CONFERENCE

This is a reminder that 4-H sends a delegation to National 4-H Conference in even numbered years. Teens eligible and interested in applying for the 2012 National 4-H Conference should look at the guidelines on the 4-H website, work on transforming their 4-H records into the required resume format and thank about whom to ask to provide references. Applications for conference will be due November 15th, but don't wait until the last minute!

What is the National 4-H Conference all about?

National 4-H Conference is the Secretary of Agriculture's premier youth development opportunity to engage youth ages 15-18 in developing recommendations for the 4-H Youth Development Program. The Conference brings together youth and adults from across the United States, U.S. territories and Canadian Provinces. The conference is housed at the National 4-H Youth Conference Center in Chevy Chase, Maryland. Delegates take part in field trips, recreational opportunities and Congressional visits in Washington D.C.

For more information, go to <http://4hconf.4-h.org>.



Be sure to visit the official 4-H website at www.4-H.org for up to date state news and information!