

Cape Cod Cooperative Extension - Barnstable County



4-H NEWSLETTER APRIL 2011



4-H Youth & Family Development Program

CALENDAR OF UPCOMING EVENTS



April 9 & 10 May 3	State 4-H Horse Round up, Spencer 4-H FUN-damentals of Money W. Falmouth Library	June 11 & 12	4-H Dairy/Beef Camp UMASS, Amherst
May 7 & 8	Vet Science Camp UMASS, Amherst	June 14 & 15	Babysitting - Falmouth Library
May 7	4-H Rabbit Quiz Bowl, Upton	June 26 - 28	Summer of Science Camp
May 13	Walk for Healthy Kids, CC Canal	June 18	State 4-H Dog Show, Barnstable County Fairgrounds, Falmouth
May 21 & 22	4-H Dog Camp Camp Farley, Mashpee		

PHOTO GALLERY



CONTACT INFORMATION



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Barnstable County 4-H Youth Development Program, Cape Cod Cooperative Extension and
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VISUAL PRESENTATION

Barnstable County 4-H Visual Presentation Day

Another year and another wonderful night for our 4-H'ers to show their stuff! We had so many interesting and creative presentations that I wish I could have seen them all! From Hovercrafts, Wilderness Survival, Audrey Hepburn, Unicycling & Juggling, Kiwi Fruit, Alpacas, The Floating Egg, Greek Goddesses, Boxers, Butterflies (not the kind you think) and so many more. Congratulations to all the 4-H'ers who participated. You all did a fabulous job! Our Cloverbuds were also fantastic! Thanks to the following judges who had some tough decisions to make that night: Mindy Tagher, Donna Tyndall, Peter & Laura Vollmer, Judy Dow, Leanne Gentile and Ed, Jan Pitney, Melanie Dorn, Leah Murphy, Michelle Arigo, Dena Salerno, Nancy McDermott.

Also a very special thanks go to Mark Vollmer and Diane Martin for all their help behind the scenes like serving dinner to everyone, being area coordinators, helping to keep rooms running smoothly, clean up and break down of the classrooms and of course packing the car! Thanks to the parents and leaders of our 4-H'ers who support this program and bring their children to participate in this very important 4-H event. Also, thanks to the staff at Barnstable West Barnstable Elementary School for letting us use their classrooms and to the custodians for all their help with everything!

COMMUNITY SERVICE @ VP



Many thanks to Lynn Barry who led the charge for our latest county wide community service project. Lynn usually judges VP's but instead she hosted the working exhibit making

fleece pillows for Hospice patients. They are bright and colorful and are such a comfort to the hospice patients who receive them. Barnstable County 4-H has donated over 200 pillows over the past 3 years and lots of 4-H folks have had a hand in helping. We still have a few clubs doing more so we may reach another 50 + when all is said and done.



Equus Friends 4-H Club wanted to let you know that they are making the pillows for Plymouth Crossings Alzheimer's and Dementia Unit called the Harbor. Leanne Gentile, assistant club leader, works with these people everyday and they will love it. There are 20 Residents, and each one wants one!

COMMUNITY SERVICE PROJECT

The W. Falmouth Library just hosted a community service afternoon on April 5th for an in-service day. Everyone who participated brought a non perishable food and made pillows for hospice, decorated onesies and made booboo bunnies for a local woman's shelter. Thanks to Amy Sellers for leading this project and to the W. Falmouth Library for hosting the event.

STATE VISUAL PRESENTATION

Barnstable County was well represented with 17 of our 4-H'ers selected to attend the annual State 4-H Visual Presentation program in Bedford, on Saturday April 4. Topics as usual were very interesting and diverse. Many kids were thrilled to receive rosettes at the county visual presentation for their efforts to make them eligible for State. Congratulations to the following 4-H participants for presenting at state:



Jennifer Cash	Olivia Harmon
MacKenzie Connor	Brett Depolo
Madison Harmon	Sam Kooharian
Josh Harmon	Haley Milligan
Ella Hunt	Annalee May
Maggie McCormick	Siohban Noyes
Siohban Hemeon-McMahon	

Thanks to Judy Dow our lone Barnstable County judge at State VP Day. You are Awesome! Thanks to Jimmy too! Maybe next year Judy can inspire others to judge at State VP Day.

4-H WALK FOR HEALTHY KIDS

By now you should have received the informational flyer for the annual 4-H Walk for Healthy Kids and Pets. Scheduled for Friday evening May 13th at the Cape Cod Canal, Barnstable and Plymouth Counties are teaming up once again to offer our 4-H'ers, 4-H volunteers and their families a way to celebrate the 4th "H" - HEALTH! Please read the information carefully and discuss it with your club members, families and friends and put a team together to participate in this 4-H Walk. All registered walkers will receive a special surprise and will join us in a healthy picnic dinner watching the boats in the canal. There will also be a few healthy stations set up for you to participate in to learn more about staying healthy all year! We'll even have a station on wind power and a special contest for 4-H'ers so there is something for everyone. Speaking of pets you may bring your dog or other pets just use good common sense and read the enclosed walk information carefully for details. In past years we have had many 4-H dog walkers from Plymouth & Barnstable Counties, along with the occasional goat or lamb as pets need to stay healthy too! Also, if anyone is interested in fishing at the Cape Cod Canal the evening of our walk you are welcome to bring your fishing rods along too. Please register by May 10th to be included in the picnic dinner and be eligible to be in our drawing for prizes.

TRURO CHILDRENS GARDEN CLUB

Truro 4-H Art Exhibition Bearing Fruit

On a cold blustery evening in February approximately 70 people were warmed by the beautiful visions of a garden which is just what we needed in the middle of this long winter. The Truro Public Library was host to a beautiful 4-H Art Exhibition beautifully coordinated and lovingly displayed

TRURO CHILDREN'S GARDEN CLUB *continued*

by the one and only Francie Randolph 4-H Club Leader, artist, mom and organizer extraordinaire! The collection of artwork was done over the summer and fall as part of the Truro 4-H Children's Community Garden Club by 4-H members. It was just what we needed in February to know that spring is coming. The artwork was so creative and Francie framed and matted the watercolors just perfectly and then there were metal sculptures that the children made as well which were hung from the ceiling or displayed on the tables. There were display boards of the gardens from the creation to the harvest and guest book to sign and a slide show to enjoy. All the children received a 4-H ribbon for their artwork and also participated in a Very, Very Veggie Activity by making a creature or design using a potato as the base, like a Mr. Potato Head and many other veggies to create some really fun super green art!



We also feasted on tables laden with food and drinks hosting parents, friends and special guests during the evening. The kids had a blast with their activities and then enjoyed running after the flying snowflakes as they buzzed around the garden. Again I would like to thank Maggie Hanelt for helping with the Very, Very Veggie activity, the Truro Library for hosting this awesome event, Mark Vollmer for helping with anything that needed doing and Francie Randolph for coordinating everything to make this night a huge success!

Also thanks to our special guest Laurie Flanagan from the Massachusetts 4-H Foundation for attending and interviewing Francie, the kids and some guests and taking photographs for an article in the Foundation's Compass Newsletter. It was so exciting seeing it all come together and we can't wait to read the article and see all those photos! It was truly an evening of sunshine?

REMEMBERING PORKY!

It is with great sadness that I wanted you to know that our Quarter horse palomino named Porky died 3/27 after a 3 month battle with laminitis. Porky was 28 and has been in the 4-H program for 20 years. Porky was the first horse that many many 4-H'ers rode. He loved children and we were able to use him for beginners. He was in many 4-H horse shows over the years also, many 4-H members told stories about him in their visual presentations last year he was champion of the year at the Cape Cod rough riders with our 4H'er Robin Conroy. The greatest thing about Porky was his love of children even though he was a trained Champion Division A barrel racing horse! This combination is rare in a horse and the one thing that all the 4-H kids loved most was giving him a bath in the summer. We all loved him and will miss him as he had such a positive influence on so many lives in 4-H.

Sharon Mendes

OTIS JUNIOR CHEF CLUB

Otis 4-H Jr. Chefs Club Hosts Delectable Dinner!

What a feast we all had at the Otis 4-H Junior Chef Club on Tuesday March 22 at the Chapel Support Building when the club members along with the super organized Ms. Lynne created a bountiful buffet table to serve to our 4-H club member's families and friends. The Otis 4-H Adventure Club made the centerpieces for the tables and were also able to be guests for the 4-H feast. Tables were set by the Jr Chef Club and all the food was served to the guests by them as well. Contests were held for fun to see who could do a place setting for the table in the fastest time correctly. Some of the samplings were chili and cornbread and apple crisp for dessert with a fruity concoction for a fun fizzy drink to enjoy with dinner. Also there was a contest to guess the secret ingredient in the recipes used and of course lots of eating! Thanks so much to all our Junior Chef's and the Otis 4-H Adventure Club for putting this event together and of course Candy Leblanc and Lynne Armstrong.



4-H FUN-damentals of Money!

This exciting collaboration is being held at the West Falmouth Library beginning Tuesday, May 3rd from 2:00-4:00 p.m. for students ages 10-15 to participate in a very relevant workshop on MONEY. We all need money and use money but do we really teach our kids about the fundamentals of making money, managing it and spending wisely.. This will motivate them to make good choices and get some sound advice in a fun hands-on way. 4-H has a wonderful curriculum on this very interesting subject. Using case studies the students will participate and discuss different scenarios that they may find themselves in, such as getting a job, buying a car, buying clothes and other items, saving for college expenses and more. This is a free workshop, thanks to Amy Sellers and the Library for organizing and sponsoring this first one. Pre-registration for this program is required. Call the library at 508-548-4709.

Our hopes for this program is to offer helpful information and more as we get our young people thinking about this very important subject.

BONUS: On the evening of May 3rd at 7:00 pm., there will be another workshop offered to parents, grandparents and caregivers on "How to Teach Children about MONEY". Financial experts Dave McPherson and Randy Hunt will be there to share their expertise and advice. Please call the library at 508-548-4709 to pre-register.



BABYSITTING CORNER



Upcoming Classes:

Falmouth Library: June 14 & 15 from 4-8:00 p.m.
Contact 508-457-2555 ext. 6 for more information.



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4-H STATE NEWS



NATIONAL 4-H CONGRESS

Time to Apply for National 4-H Congress! This event provides a tremendous opportunity for MA 4-H members, ages 15-18, to meet and interact with 4-H members from across the country while taking part in an exciting educational experience. Application packets should be submitted by **May 25, 2011**. For additional information, visit www.national4-Hcongress.com. The application process is posted at www.mass4h.org. Go to Programs, then leadership.

SUMMER OF SCIENCE CAMP - June 26-28, 2011

4-H members ages 12-16 are invited to attend this exciting mini-camp which features a variety of workshops including alternative energy, microbiology and vet science led by university staff, graduate students and professionals in the field. This program will begin with registration Sunday at 2 p.m. and end on Tuesday at 3:30 p.m. Visit www.mass4h.org for more information.

CLUB DEMONSTRATIONS ON THE BIG E FARM-A-RAMA STAGE

Any 4-H member interested in presenting to the public on an animal-related topic at the Big E should contact Carrie Chickering-Sears prior to June 1, 2011. The presentation length is 15-20 minutes and you are allowed to bring small animals onto the Farm-A-Rama stage. For further details or to register contact Carrie at ccsears@umext.umass.edu or 413-549-3257.

STATE 4-H PHOTOGRAPHY CONTEST

Reminder: all entries for this contest are due in the Waltham office by July 1st. For details, go to: [http://www.mass4h.org/images/stories/4-H State Photography Contest 2011.pdf](http://www.mass4h.org/images/stories/4-H%20State%20Photography%20Contest%202011.pdf).

Be sure to visit the official 4-H website at www.4-H.org for up to date state news and information!