

4-H AFTERSCHOOL & YOUTH DEVELOPMENT PROGRAM NEWS



APRIL 2011



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www.capecodextension.org

MARCH IN REVIEW!

Sew what, you say?

Lorraine Fraser has been busily working with her Sewing program participants at the Barnstable Senior Center since January, scheduled to end on April 14th.

Lorraine and her #1 volunteer, Kathy Paradise, have led this group through a variety of skills and projects, and you would not believe the sewing machines and other talent that she has been able to have donated. Many thanks to both of them!



Lorraine has also been meeting at St. Pius Church in S.Yarmouth at the Family Life Center, on Saturdays (does she ever sleep??). Thanks to the determination of teacher/parent Marcella Rezendes, this group of students and parents came together to form a new sewing club in February. I visited them on April 2nd to view their colorful pajama pants, cosmetic bags, etc. We spoke about the future of their club and it looks like they are interested in doing some cooking next, so it looks like a new 4-H club is born! They are currently thinking about a name for their club!

4-H Science Experiments

Allyson Bizer Knox continues to lead a number of science clubs/activities at Ezra Baker Afterschool and the Marstons Mills Library. She is also finishing up her Energy Grant with the town of Bourne at Bourne Middle School.

Barnstable Intermediate School

During the month of March, Allyson and I participated in the Barnstable Intermediate School's 2nd Annual 4 week

Enrichment Cluster. Allyson led a group of students through a *Revived Arts Through Nature* program while I worked with nine students to create more "Blankets for Babies", which were donated to local shelters and agencies that work with needy families. We can only imagine the smiles on the faces of the recipients, because we couldn't help smiling as we made them.



The **RAP** program at Barnstable Intermediate School just tied up a 4-week cooking class with Nancy McDermott at the Barnstable Senior Center, and will now be turning their focus to a gardening project after April vacation, also at the Senior Center. Stay tuned for details on this exciting collaboration. We love our partnership with the Senior Center, and are proud of the relationship and programs that we are able to offer with their help!

Barnstable High School

Plant a Seed, Plant a Smile! TNT students will be reviving the raised beds at Barnstable High School this spring, thanks to a continued partnership with Americorps, Cape Cod, Barnstable County 4-H and the TNT program at BHS. Students will spend some time learning about plants with the help of 4-H curricula, and then putting theory into practice by applying their skills by planting their own garden! We'll keep you posted on this fantastic, extraordinary learning opportunity as we progress!

Allyson Bizer Knox is also cooking up a storm at Barnstable High Schools TNT program, where she just finished an Arts Revival course that was enjoyed by all.

8th Annual Youth Summit

March 18, 2011 at Barnstable High School

Another memorable Youth Summit is behind us, but just wanted to say that if you missed it, you missed a LOT! From the Community Slideshow--to the America's Promise presentation (to BCCCYF) for their 4th consecutive designation as of the "100 Best Communities for Young People in America"-- to speeches by Bill Doherty, BHS Principal Pat Clark and Mark Forest (Bill Delahunt's office) -- to the **Eyes Wide Open** panel of distinguished presenters, including three Senators and one very brave mother -- to the Safe Places, Active Bystander, Drumming, and Get Involved workshop -- to the amazing presentation of this year's Community Youth Champion award to Siobhan Magnus by last year's recipient (Jacque Fields) and 2008 recipient Retired Judge Joseph Reardon (and Siobhan's GRANDFATHER), we were all inspired. According to Siobhan, "The scariest things you have to do in life are the most worthwhile..." Spoken like a champion!





THEN ONTO APRIL!

21st Century Learning at Barnstable HS

A new 4-H Photography program began meeting on April 4, thanks to the **21st Century Learning** grant. Fourteen students signed up for Photography (the #1 choice, back by popular demand) so groups of 7 students are meeting with me every other Monday, so that we can accommodate everyone. We were able to purchase 8 new Canon Powershot cameras, which means that this year students will have their own cameras to work with instead of having to share. Students each have a memory card to store their photos on. We will eventually upload photos into the computer lab and students will then learn how to digitally manipulate and edit their favorite pictures. Participants will also be documenting the Maritime "Oceans" project, which will eventually result in a two hour sail in Hyannis harbor. We are looking forward to finding ways to tell a story, through photos, about this valuable project!

OH WHAT TO DO!

Here are some events we are planning for school vacation week.

Earth Day at the Centerville Library

For our 5th consecutive year, we are partnering with the Centerville Library to offer Earth Day activities on April 20th (not on the 22nd, which is the official Earth Day) from 9:30 to 11:30 a.m. Allyson Bizer Knox will be there with draft stoppers that will need filling, and there will be several other interactive activities to raise consciousness about how fragile the Earth is and how each of us can make a conscious decision to "save the earth" or not.

Babysitting Course at YMCA Cape Cod

There is also a special Babysitting Course that will take place on Tuesday and Thursday, April 19th and 21st, from 1-5 at the YMCA on Route 132. Heather Pezzone and friends from Project Forward at Cape Cod Community College will be teaching with a simulated infant and the class will be HANDS-ON! Cost is \$25.00 per participant, and is FREE to any child with a parent or sibling serving our country. Registration by April 15th is mandatory, as we will cancel the class if there are not enough participants. Bring a friend and have some fun while earning your Babysitting certificate and ID card!!

New 4-H Horse Club

An informational meeting of the Diamondsedge Seahorses will take place on April 21st from 2-5:00 p.m. at the Diamondsedge Farm in Barnstable. Participants will do an Easter project and help stuff eggs for an egg hunt to be held at a Special Olympics Exhibition /fundraiser which will take place on April 23rd from 1-4:00 p.m.. If you would like additional information, or would like to register to attend, please call or email Kerry.

PEERS program through OMK

Thanks to another generous mini grant from Operation Military Kids, 4-H and the YMCA Camp Lyndon are once again offering an incredible opportunity for military youth in middle school to attend a weekly program called "PEERS". Beginning April 26th, youth will be picked up at the Bourne Middle School and transported to Camp Lyndon. Here they will participate in a variety of activities including but not limited to: rope course challenges, map and compass work, climbing and repel tower, camping skills, canoeing, archery, and hiking. Participants will then be transported back to the Middle School for parent pick-up.



Note: The kickoff event for this program will be Friday April 22nd (April vacation). OMK Children from Bourne Middle School who are enrolled in the OMK PEERS Program are invited to come and spend the day at Camp Lyndon FREE of charge thanks to Operation Military Kids Cape Cod. An all-star YMCA staff will lead participants through a day full of adventure, activities and recreation. Participants should be dropped off at Camp Lyndon parking lot at 10:00 a.m. and picked up (same location) at 2:00 p.m. For more information on how to register for these two exciting events, please go to:

www.capecodextension.org/4-H
click on Youth Development\OMK
or call Kerry at 508-375-6695.

Community Service



Operation "Lights On" Japan. 4-H Youth Development Program along with Operation Military Kids and the Boys and Girls Club are taking collections for new batteries to be sent to our neighbors in Japan for school aged children who are trying to keep up with their studies during the rolling black outs. Contact Kerry for more information.

This just in:

We have just received permission from the DESE 21st Century Learning Gant Coordinator that we have been approved to take 6 BIS students to the Summer SET program at UMASS Amherst from June 26-28th. We will be traveling by bus and taking part in a variety of hands-on scientific opportunities. Confirmed workshops include Alternative Energy, Rocketry, Veterinary Science, Microbiology, Genetics, Wildlife and Robotics...call Kerry if this sounds like fun to YOU!

Babysitters/Child Care Corner

YMCA Cape Cod: Tuesday, April 19 and Thursday April 21 from 1:00 to 5:00 p.m. Call Kerry at 508-375-6695 for registration.



Brewster Ladies Library: Wednesday, June 29 from 9:00 a.m. to 4:00 p.m. & Thursday, June 30 from 9:00 a.m. to 12:00 p.m. Pre-registration is required. Call 508-896-3913 x12 for more information or to register.

(Check our website for confirmed program dates and times.)

www.capecodextension.org/4-H-Youth-Development/