

# Cape Cod Cooperative Extension - Barnstable County



## 4-H NEWSLETTER



# OCTOBER/NOVEMBER 2010

### CALENDAR OF UPCOMING EVENTS



October 2 Food Drive kicked off at Harvest Festival  
 October 2 Raffle began for 4-H scholarship fund  
 October 2-9 National 4-H Week  
 October 6 4-H National Youth Science Day  
 October 31 **HAPPY HALLOWEEN!**  
 November 15 4-H Scholarship raffle drawing  
 November 15 Enrollment period ends, all paper work due into the 4-H office

November 20 3rd Annual 4-H Volunteer Forum  
 November 25 **HAPPY THANKSGIVING!**  
 December 1 Food Drive ends  
 January 7 & 8 4-H/FFA Leadership Camp  
 January 11 VP judges training  
 January 21 Awards & Recognition Banquet



### FUN AT HARVEST FESTIVAL



### CONTACT INFORMATION



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 Barnstable County 4-H Youth Development Program, Cape Cod Cooperative Extension and  
 UMASS Extension offers Equal Opportunity in Programs and Employment



[www.capecodextension.org](http://www.capecodextension.org)

4-H Youth Development Program

## HARVEST FESTIVAL 2010

### Harvest Festival 4-H Happenings

Well another Harvest Festival has come and gone and once again WOW was the Youth Building jammed all day! There were tons of 4-H activities for kids to do and we had lots of great help to make it fun for families and kids.



This year the 4-H National Youth Science Experiment concentrated on Wind Power which is very pertinent to Cape Cod. So in keeping with the energy theme we made solar bead bracelets which thankfully we had a great sunny day for.


There are many people who deserve thanks for making the weekend such a success. We started by bringing the broom back out of the closet for our very own kitchen witch Lynn Barry, so she could fly around the 4-H Kitchen and do her magic, whipping up good things to eat. Of course her best helper, husband Kevin Barry was also on hand Friday, Saturday and Sunday to help set up. Many thanks to our own very talented Nancy McDermott who helped prep on Friday and was then key to getting the kitchen up and running on Saturday. The kitchen crew on Saturday consisted of the Rubinstein family and The Wanderers 4-H Club who were all incredible and really knew their way around the kitchen. Thanks Don, Brett, David and Sam. Also thanks to the Coonamessett Farm 4-H Club particularly Karen Schwalbe and kids Alden and Eliza (who also helped wash hundreds of pumpkins on Friday). Thanks to the Sunday crew who pitched in, Annalee, Miriam and Jackie MacDowell-May, Siobhan Hemeon-McMahon, Michele and Adrienne Tardiff, the Gall family and Advisory Board member Michele Arigo. You know it's a great success when you sell out of everything.

In the Youth Building we had the ever popular Pumpkin Decorating Station where kids chose a pumpkin and embellished it with all kinds of decorations to make their own incredible pumpkin creation. Thanks to the Artwick family, Cathy, Allan, Austin and Ashley for being there all day long working on multiple tasks and all with a smile. Hula hoops came out for a little movement activity and were a huge hit with the kids. We never forget nutrition so thanks to Kim Condra, Cape Cod Cooperative Extension Nutrition Educator, for making pumpkin oatmeal and a take home "oatmeal in a bag". It's great to get a nutritious food message across to kids and families. There were many photo ops with our giant pumpkin patch and enormous sunflower too! Kelly, Madison and Anna Kooharian ran the recycled bird feeder station in the morning and then Laura Kheary took over for the afternoon shift. Diane Martin, Mary Nielsen and Vicki Little helped with whatever needed doing. The 4-H bake sale table was a big hit thanks to Nancy McDermott who made loads of quick breads like apple and pumpkin they were all delicious! Pans of Apple crisp sold and everyone enjoyed all the festivities. The kids from Cape Cod Livestock 4-H Club manned the craft table, making

## HARVEST FESTIVAL 2010 cont'd

bookmarks, decorating Halloween bags and more. On Sunday Cape Paws 4-H Club super volunteer and club leader, Lori Decker-Horne, along with her club members, came prepared with cookies to decorate as a fun make and take project. They also manned the pumpkin decorating table and the recycled bird feeder station. They were absolutely incredible! Halley Mandula and her dog Indy along with Mom were incredible at the pumpkin decorating table. When Halley went off to the Pet show Jan Pitney and Melanie Dorn jumped right in to help keep that running smoothly. Marty Tardiff baked tons of cookies and Amelia Tardiff and friend Isabelle made lots of butterflies with another recycling project. Thanks to Sue Bourque a Cape Cod Cooperative Extension Nutrition Educator, who once again kept reminding us about healthy snacks by doing a fun popcorn activity and thanks to Libby too who was a big help! We were all so busy the days flew by. Thanks to everyone who helped clean up a bit on Sunday especially the Rubinstein's and Schwalbe's!

Everyone did very well thanks for all the effort!

Judy Vollmer 

## PET SHOW @ HARVEST FESTIVAL

The first and soon to be annual 4-H Pet Show at the Harvest Festival was hosted by the Coonamessett Farm 4-H Club. Even though we didn't have many contestants it was a fun and very good learning experience for everyone involved.

Congratulations to the following 4-H'ers who participated and placed in one of the many judging categories:

**Jackie May** - Smallest, Least Obedient, Best Look-alike, Most Unusual.

**Halley Mandula** - Most Obedient, Wiggliest Nose, Best Tail wagger, Best in Show.

**Siobhan Hemeon-McMahon**-Most Spots & Longest Tail.

Many thanks to our 4-H members who were judges and really put a lot of thought into their decisions. We will definitely be doing it again next year.



## 4-H SCHOLARSHIP RAFFLE

New this year is a raffle to help support the Barnstable County 4-H scholarship program. The raffle began on October 2nd and the drawing will take place on November 15th. Tickets were distributed to leaders and members in booklets of three. Each club member will be asked to sell at least one booklet valued at \$10.00. The winner of the raffle will receive a \$250 gift card "Just in time for the holidays". Please notify Chris or Judy if you have not yet received your tickets.

## FALL ENROLLMENT 2010/2011

REMINDER! All fall enrollments are due back in the office by November 15th. You can either drop it off at the Deeds and Probate Building or simply put it in the mail. Winners of this year's enrollment contest will be announced in the next newsletter.

Also, any club that has an EIN number and a club bank account must file an Annual Financial Report this year. This report along with a copy of your latest bank statement (balance on bank statement and financial report must match), will need to be turned in with your enrollment paperwork in order for your club to be enrolled in the 2010/2011 4-H year.

## FOOD DRIVE NEWS

### Barnstable County 4-H Food Drive Community Cares

The Food Drive is well underway and needed more than ever this year! We have loads of 4-H grocery bags, so let me know if you need some. Here are a few idea's on how you can help collect donations:

Leave a bag at work for co-workers to fill.

Have the kids ask relatives, neighbors and friends.

Set your club up at a local grocery store or library.

Please help 4-H in any way you can to help us feed the hungry families right here on Cape Cod. Thanks so much!

This year we have a contest for clubs to see who can get the most bags filled, so get going and good luck on your collections. Also the Food Drive has been extended to December 1.

## OTIS 4-H CLUBS

### Otis 4-H Adventure Club & Junior Chef Club "One Adventure after Another"

The Otis 4-H Adventure Club has once again been very busy this fall starting with the kick-off of the new 4-H year with "Fall Into 4-H!" which had us welcoming new kids and families into the 4-H program. Taking advantage of the nice fall weather, the kids have been playing outdoor games and participating in nature scavenger hunts. A fall field trip to the Fire Station is scheduled and the month of October will end with an awesome Halloween Party. It sure has been busy and lots of fun for those 4-H'ers! Welcome to all!!!

The Junior Chef 4-H Club at Otis jumped right into the new year by making the refreshments for the first meeting of the Otis 4-H Adventure Club. The members made two fruit dips to serve up with fresh sliced apples which were a huge hit. They kicked off their first official meeting by learning how to make hot dogs in celebration of the start of the World Series. They also made a nutritious snack of fuzzy pumpkins made on rice cakes. They ended their meeting by making a journal for their recipes and cooking info. A warm welcome to Lynn Armstrong who will be the master chef for this club. We are so very lucky to have you on board with us.



## BABYSITTING CORNER



Upcoming: Falmouth Library, Saturday January 15th  
*Registration details to follow.*

## CLUB SPOTLIGHT!

We'd like to take this opportunity to spotlight "Bourne Equestrians" who worked so hard to bring us the



Wonderful World of Horses breed shows at both fairs this year. Club leader Sharon Mendes, her co-leader Laurie Marquez, club volunteer Vicky Little and the 4-H club members performed horse breed shows during both fairs. Laurie Marquez took on the role of the announcer for the group and did an awesome job! Presenters and their horses are as follows:

Anna Losordo presenting her miniature horse Dancer  
Sam Aurelio riding Zeke  
Vicky Little riding Zeke  
Emily Chase riding Porky  
Jennifer Taylor riding Porky  
Jillian Taylor riding Zeke  
Robin Conroy riding Porky  
Paige Wahlen riding Jake  
Lauren Marquez riding Star



What a great experience for these members. They really learned how to work as a TEAM! Also, it was great to see our dear friend Christie Marrs and thanks to Maryann Sears for bringing her horses as well.



## STATE 4-H DOG SHOW RESULTS

Congratulations to Emily Mack and Siobhan Noyes, both from the Muddy Paws 4-H club, who recently won a top award in the Junior category for the written test portion of the state dog show.

## 4-H RECORDS REMINDER!

The time is drawing near for working on your 4-H records, which are due to the county office on Nov 1, 2010. If you would like more information for your club members please let me know. You can check out the forms online at [www.mass4h.org](http://www.mass4h.org) and click on records and resumes. It's really not as time consuming as you might think. Please consider doing one.

Many awards and opportunities are based on your 4-H Record so check it all out and then contact me to set up a workshop. If you can't meet the deadline this year we can work on these during the upcoming 4-H year [jvollmer@barnstablecounty.org](mailto:jvollmer@barnstablecounty.org)

## ANTI-BULLYING RESOURCE

The department of education offers anti-bullying resources. Check out this "one stop shop" for federal anti-bullying resources at [www.bullyinginfo.org](http://www.bullyinginfo.org).



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## 4-H STATE NEWS



**Third Annual 4-H Volunteer Forum ~ 4-H Teen Leaders also welcome!  
November 20th at Tufts Veterinary School, Grafton, MA**

Save the date for this popular event in it's new location. Fee for this event is only \$10 and includes breakfast, lunch and all workshop materials.

**Teens Save the Dates for 4-H/FFA Leadership Camp  
January 7-8th at the Clara Barton Center, No. Oxford, MA**

This camp consists of a series of workshops for teens to hone their leadership, team building and decision making skills. Watch for more information this fall!

### **NATIONAL 4-H CONGRESS**

It's not too early to be thinking about National 4-H Congress. Every year 4-H sends a delegation of teens to National 4-H Congress in the spring. Teens eligible and interested in applying should look at the guidelines and start working on transforming their 4-H records into the required resume format and think about who to ask to be a reference. Although the application isn't expected to be due until May, why wait until the last minute? Call Judy Vollmer 508-375-6696 for more information.

*Massachusetts 4-H newsletters are now available online at [www.mass4H.org](http://www.mass4H.org).  
Click on news & events then 4-H newsletters for the latest information.*

*Be sure to visit the official 4-H website at [www.4H.org](http://www.4H.org) for up to date state news and information!*