

# 4-H AFTERSCHOOL & YOUTH DEVELOPMENT PROGRAM NEWS



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[www.capecodextension.org](http://www.capecodextension.org)

## Good News.....

In case you have not already heard, Barnstable County just received its fourth designation as one of the 100 Best Communities for Young People in America from America's Promise, the Alliance for Youth. The application was submitted by Kerry Bickford and Kristin O'Malley on behalf of the Barnstable County Council for Children, Youth and Families. To find out more about this honor and to read the press release, go to [www.capecodextension.org/4-H-Youth-Development/](http://www.capecodextension.org/4-H-Youth-Development/)



families "carbon footprint" and to input their findings into the national 4-H science database. Thanks to all who helped with this event, including Allyson Bizer Knox, Dale Nickerson and her staff at the RAP Program.

A new 4-H after-school club at the Marstons Mills Library also participated in the science experiment on October 6. This group of youth ages 8-11 will continue to meet at the library from 4:30-6:00 on the first Wednesday of every month between now and June, 2011. There is still room to join. Call or email Kerry for details.

## Lights On After School.....

**Lights On After School** October 21 from 5-6:30.



Looking forward to Lights On After School on October 21st, in collaboration with the Boys & Girls Club of Cape Cod. We have 35 different youth serving organizations joining us who keep the lights on after school for the children youth and families in our community! This year we will be honoring Dr. Joan Bentinck Smith for her contributions to families throughout her amazing career here on Cape Cod.

## Sewing Program.....

**"Sewing with Lorraine"** September 16-November 4

Currently seven students from the Barnstable Intermediate School and about six adult students are working on a variety of projects under the competent direction of Lorraine Fraser and four Sewing instructors/volunteers. The class runs from 2:30-7:30 p.m. every Thursday from now until November 4th at the Barnstable Senior Center. Students are able to choose the time and length of time they want to sew. The class will resume again after the holidays so if you have always wanted to learn to sew, now is the time!



## 4-H Science Experiments.....

Twenty students participated in the National 4-H Science experiment "4-H2O" at the Barnstable Intermediate School on October 6. "Ponds in Peril" was the group's theme this year, so the two experiments about water quality and global climate change were a great, hands-on connection. Students also met again on October 13th to calculate their



## Cape & Islands Youth Congress.....

Cape and Islands Youth Congress held an introduction meeting on October 13th at the YMCA in Hyannis. Our next meeting is scheduled for November 10th at Cape Cod Community College. Invited guests will be members of the Human Rights Academy who will do a presentation for us. If you



are in grades 9-12, and would like to make a difference for youth in your community, please join us. Call Kristen O'Malley at 508-790-3040 for more information.

**Community Service . . . . .**

**"The Stockings Were Hung by the Chimney with Care"**



On Saturday, November 6 from 10 a.m. to 3:00 p.m., we will be conducting a holiday stocking workshop at the Barnstable Senior Center. Lorraine has been busily pre-cutting many of the materials so we can get a good assembly line going. You will be invited to make a stocking for yourself or someone you love and to make one to donate to a local family. We will be filling them with goodies and sharing with a few local charities. There is limited space available for this workshop, so please call or email Kerry ASAP so you will not be disappointed. There is a \$10.00 registration fee which includes materials and pizza for lunch!

**"Turkey Trot" November 23rd**

Barnstable County 4-H, in partnership with the Barnstable Senior Center and the 21st Century Learning programs at the Barnstable Intermediate and High Schools, will be making, baking and decorating some very special cookies for the annual turkey trot. The turkey trot is a Thanksgiving meal that is delivered by seniors to other seniors who are homebound or in need of TLC. The students and I will be baking for two days in November and then bagging the cookies on November 23rd just in time for the Trot! We will post photos on the web of this fun and meaningful community service activity guaranteed to create some smiles!



**New 4-H Club. . . . .**

**Diamondsedge Seahorses**

A new 4-H Horse Club is getting underway in Barnstable. We will be holding an informational meeting in the near future. In addition, we are also discussing a 4-H after school horse club program beginning in January, but are trying to gauge interest at this point. If you are interested in joining either program or would like more information, please call Kerry.



**Ezra Baker Scientists in Training . . . . .**



A new science program for 3rd and 4th graders beginning in October using 4-H Science curricula is taking place at Ezra Baker School in Dennis. Students will participate in some great hands on science experiments to engage them in the scientific process as part of our national quest for "1 Million New Scientists, 1 million New Ideas Campaign". The goal is to increase the number of students entering STEM (science, technology, engineering and mathematics) to 1 million by the year 2013. I will be sharing a lot more information on this endeavor after my December Science Leadership Academy training in Washington D.C. Can't wait!

**Bourne Middle School . . . . .**

The Bourne Energy Savers' Club along with 4-H Program Associate Allyson Bizer Knox will be celebrating the new Solar Panels with a "Solar Birthday Bash" on Wednesday, October 27th from 2:30 to 4:00 p.m. in the Bourne Middle School outside cafeteria. Please come and join us for cake! *(This event is co-sponsored by the Town of Bourne's Energy Advisory Committee and Barnstable County 4-H. Funding is provided by a grant from the MA Technical Cooperative.)*

**Babysitters/Child Care Corner . . . . .**



**Scheduled program:**

Mashpee @ the Quashnet School

November 9-December 14, from 3:00 - 4:30 p.m.

Taught by 4H Program Associate Nancy McDermott

St. Francis Xavier Prep School

January 11 - February 15, from 3:00 - 4:30

YMCA

December 29 from 10:00 a.m. to 3:00 p.m. and

December 30 from 12 to 2:00 p.m.

To register, call Kerry Bickford @ 508-375-6697

**Upcoming programs . . . . .**

Mashpee Library-Feb. Vacation/Science Program

April Vacation/4-H Babysitting

Wellfleet Library-February/March/4-H Babysitting

**(Check our website for confirmed dates and times.)**

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